# DEPARTMENT OF HEALTH SERVICES

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March 20, 1998

MMCD Policy Letter 98-06

TO: [X] County Organized Health System

[X] Geographic Managed Care Plans

[X] Prepaid Health Plans

[X] Primary Care Case Management

SUBJECT: NEWBORN AND PRENATAL GENETIC SCREENING SERVICES

# **BACKGROUND**

State law requires that all women seen for prenatal care prior to 20 weeks gestation be offered prenatal blood testing in the Department of Health Services' (DHS) expanded alpha-fetoprotein (AFP) program and that all newborns be screened for certain treatable heritable disorders. DHS' Genetic Disease Branch administers the newborn and prenatal screening programs. Initial newborn and prenatal genetic screening laboratory services are provided through a network of state-approved laboratories supported by area genetics centers.

# **GOAL**

To assure that pregnant women and newborns are provided timely and effective genetic disease prevention, early detection and diagnosis, treatment and education and counselling services.

# **POLICY**

# I. Newborn Screening

State law [California Code of Regulations (CCR), Title 22, Sections 51348.1, 51529 (d) and CCR, Title 17, Sections 6500 through 6510] requires all newborns to be screened for a series of treatable heritable disorders (PKU, galactosemia, hypothyroidism, sickle cell disease, and related hemoglobinopathies) prior to discharge from the hospital of birth. Plans are responsible for implementing procedures to ensure that perinatal care providers appropriately obtain the required blood specimens from all newborns, using DHS approved specimen collection forms. Specimens must

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be submitted to DHS approved laboratories only (see Attachment 1). Follow-up tests requested by the Newborn Screening (NBS) program are also done by these DHS approved laboratories. The fee currently charged by DHS for initial and necessary follow-up tests is \$42, as set by regulation (CCR, Title 17, Section 6508) and is charged to the hospital of birth. For out of hospital births, the attending physician or midwife is billed. Plans are capitated for these charges and are responsible for reimbursement arrangements with affected network perinatal service providers, since these providers are no longer able to separately bill Medi-Cal fee-for-service (FFS) for reimbursement.

The area genetics center notifies the infant's primary care physician (PCP) of record of an initial presumptive positive test result and of the results of follow-up tests. Newborns with confirmed positive tests are California Children Services (CCS) eligible and the plan should assure that these infants are referred to the appropriate county CCS office. The plan remains responsible for the provision of all non-CCS related medical services for the member and for coordination of care with the CCS program.

# II. Prenatal Screening

State law requires that all women seen for prenatal care prior to 20 weeks gestation be offered screening blood tests for the detection of individuals at increased risk for carrying a fetus with certain heritable and congenital disorders. The prenatal care provider should offer screening tests to the pregnant member at the first prenatal visit. Testing occurs through DHS' Expanded AFP Program (CCR, Title 17, Sections 6521 through 6532), which currently offers triple marker screening. Triple marker screening tests the woman's serum for AFP, unconjugated estriol (UE) and human chorionic gonadotrophin (HCG). The risk for open neural tube defects, abdominal wall defects, trisomy 21 (Down Syndrome) and trisomy 18 are estimated based on the woman's age and serum values. Only laboratories designated by DHS may be used for this test. A member's participation in the Expanded AFP Program is voluntary. The members consent or refusal to participate must be documented.

A regional Expanded AFP coordinator will call the prenatal care provider if the test result is screen positive. For women with positive tests who are at high risk of a birth defect, the Expanded AFP Program provides follow-up diagnostic services. These services are offered through State-approved Prenatal Diagnosis Centers (PDC) (see Attachment 2) and include genetic counseling, amniocentesis, and amniotic fluid analysis including karyotype.

Triple marker testing and necessary follow-up services are "carved-out" of plan's contracts and must be billed FFS. Plans must assure that their perinatal providers

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understand how to participate in and access this system for members, in accordance with regulations. Prenatal care providers should be directed to enter the patients' Medi-Cal number on the test request form provided by the State in the billing information space. The Expanded AFP Program will then bill Medi-Cal directly. Except for the services provided under the Expanded AFP Program, plans remain responsible for the provision of all necessary medical services for the pregnant member, including any amniocentesis believed by plan providers to be medically necessary, regardless of the results of the Expanded AFP tests. Some women over age 35 may decide not to use the Expanded AFP Program and opt instead to request a diagnostic amniocentesis. The plan is responsible for authorizing and providing this procedure.

# **III.** Member Education

The plan must implement procedures which assure that pregnant members are informed that newborns must be screened for certain treatable hereditary disorders. State law (CCR, Title 17, Section 6504) requires that all perinatal care providers provide pregnant women with a copy of DHS' document titled "Important Information for Parents," which contains information concerning newborn screening.

The Expanded AFP Program has developed patient education booklets for women under 35 years of age at term and for women 35 years of age and older at term. These booklets are to be given at the first prenatal visit to all pregnant women who are seen before the 20th gestational week in order to help them choose whether or not to voluntarily participate in the Expanded AFP Program; to select a diagnostic test or to forego both options. A member must be informed that her participation in the program is voluntary and her decision to participate or not to participate must be documented. Plan perinatal providers must coordinate their services with the follow-up services provided by the Expanded AFP Program.

Translated materials, in the appropriate threshold and concentration standard languages, should be available to plan members. If the mnterials are unavailable in the member's language, the information should be read to the member.

# IV. Provider Training

Plans must ensure that network providers delivering perinatal and/or pediatric services and relevant support staff are knowledgeable regarding the requirements of the Newborn Screening Program and the Expanded AFP Program. Network providers are required to follow all State laws governing the provision of newborn screening and expanded AFP services, including complying with all mandated genetic disorder

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reporting requirements. A copy of the most current CCR sections governing these services, including reporting requirements, is enclosed with this policy letter (see Attachment 3).

# **DISCUSSION**

DHS' Genetic Disease Branch administers several other programs, in addition to the Newborn Screening Program and Expanded AFP Programs. These include, but are not limited to, the Tay-Sachs Disease Prevention Program and the Maternal PKU Program. In addition, the State Genetic Disease Laboratory provides, at no charge, phenylalanine blood tests to monitor the medically required low phenylalanine diet for treatment of PKU. Plans are encouraged to educate network providers regarding the services and materials available through DHS' Genetic Disease Branch.

If there are any questions regarding this policy letter, please contact your contract manager.

Ann-Louise Kuhns, Chief

Medi-Cal Managed Care Division

Enclosures



Newborn Screening Panel All newborns must be screened for preventable forms of mental retardation under regulations issued by the Department of Health Services (17, CCR, 6500). The Department of Health Services, Genetic Disease Branch, has contracted with six clinical laboratories to perform the required tests on **Medi-Cal** recipients. The designated screening panel consists of the following laboratory tests:

- 1. Radioimmune assay for T4
- 2. Radioimmune assay for TSH
- 3. Qualitative fluoromsrric blood phenylalanine
- 4. Galactose 1- uridyltransferase
- 5. Microbial inhibition assay for blood galactose

The laboratories listed below perform these tests and are reimbursed under contract by the Genetic Disease Branch.

The designated testing laboratories are:

Western Clinical Laboratory 408 Sunrise Avenue Roseville, CA 95678

Allied Medical Laboratory 20392 Town Center Lane Cupertino, CA 95014

Fresno Community Hospital and Medical Center Fresno and "R" Streets Fresno, CA 93715

American Clinical Laboratory 10477 - C Roselle Street San Diego, CA 92121

Reference Laboratory 1011 **Rancho Conejo** Blvd. **Newbury** Park, CA 91320

Memorial Hosp. of Long Beach 2801 Atlantic Avenue Long Beach, CA 90806 Attachment 2

# Prenatal Diagnosis Centers and Satellite Locations

State-approved for Expanded AFP Follow-up

### Southern California

# Alfigen/The Genetics Institute

Pasadena (818) 666-3300

Santa Barbara, San Luis Ohispo, Palm Spring Bakersheld, Pomona, Los Angeles, Tarzana. Ventura, Torrance, West Covina, Whittier, Lo-Beach, Inglewood, Monterey Park, Garden Grove, Santa Maria, San Diego, Irvine

# Cedars-Sinai Medical Center

Los Angeles (310) 855-2214 Van Nuvs

# Childrens Hospital of Los Angeles

Los Angeles (213) 669-2478

# **Genesis Laboratories**

Redlands (909) 335-5610

### **Genetics Center**

Orange (714) 667-0878

In the Mission Vilein Bakersheld

# Genzyme Genetics

Long Beach (800) 745-4363 x 7011

Laguna Hills, Newbort Beach, Tomance, Anaheim, Thousand Oaks Ventura, Fountain Vailey Lancaster, Tarzana, Inglewood, Palm. Springs

# Kaiser Permanente

Panorama City (626) 564-3322

Bellflower, Fontana, Harbor City, Los Angeles, Anaheim, Riverside, West LA, Woodland Hills, Baldwin Park, San Diego

# King Drew Prenatal Diagnosis Center

Los Angeles (310) 668-4620 Lynwood

# LA County/USC Medical Center

Los Angeles (213) 226-3256

# Loma Linda University Medical Center

Loma Linda (909) 478-6505

Riverside, La Mirada, Fountain Valley, Victorville

# Prenatal Diagnosis Center of Southern California

Beverly Hills 3 10: 652-5884

# Prenatal Diagnostic & Perinatal Center

San Bernardino (909) 881-4503

Apple Valley, Indio, Riverside, Corona. Wildomar, Montclair, Pasadena, West Covina Burbank, Oceanside, Loma Linda

# Sharp/Children's Prenatal

Diagnosis Center

San Diego (619) 541-6860

### U.C. Irvine

Orange (714) 456-5780 Santa Ana

# U.C.L.A. Medical Center

Los Angeles (310) 825-0300 Northridge, Sylmar, Santa Barbara Santa Moncia

# U.C. San Diego

La Jolla (619) 597-2600 El Centro

# Northern California

# Alfigen/The Genetics Institute

(408) 559-2258

San Jose, Monterey, Salinas, Walnut Creek

# Alta Bates Perinatal Center

Oakland (510) 204-5359

# California Pacific Medical Center

San Francisco (415) 750-6400 Greenbrae, Santa Rosa

# East Bay Perinatal/Children's

Hospitial

Oakland 1510 653-3335

Walnut Creek San Ramon

# Genzyme Genetics

14081 885-7925

San Jose

# Kaiser Permanente

Oakland -510: 596-6298

Sacramento, San Francisco, San Rafael, San lose. Havward

# Prenatal Diagnosis of Northern California

Sacramento (916) 736-6888 Stockton Fairfield, Modesto

# Prenatal Diagnostics, Inc.

Mountain View 415:964-1505

Los Catos, Palo Alto, San Mateo, Fremont, Salinas, San Jose

# Stanford University

Stdniorcl (415) 723-5198 Mountain View

# Sutter Prenatal Diagnosis Center

Sacramento 1916, 733-1900

# U.C. Davis

Sacramento (916) 734-6124 Carmichael, Davis, Redding

# U.C. San Francisco

san Francisco 415 476-4080 Corte Madera Santa Rosa

# Valley Children's Hospital

Eresno

2091-243-6633

# **Expanded AFP Coordinator Offices**

Northern California

San Francisco

(415) 476-1692 Fax (415) 502-0867

**Sacramento** 

(916) 734-6575 Fax (9 16) 734-6025

**Oakland** 

(510) 428-3769 Fax (510) 450-5874

**Palo Alto** 

(415) 723-6894 Fax (415) 725-2878

Fresno

(209) 225-5108 Fax (209) 225-8561

**Kaiser Permanente** 

(510) 596-6190 Fax (510) 596-6800 Southern California

Los Angeles

(310) 855-2154 Fax (2 13) 653-9655

Los Angeles

(213) 221-5606 Fax (2 13) 224-0340

Los Angeles (Torrance)

(310) 212-0816 Fax (310) 782-7704

Los Angeles, Ventura, Santa Barbara

(310) 206-8211 Fax (310) 794-1290

**Orange** 

(714) 456-5994 Fax (714) 456-7817

Riverside/San Bernardino

(909) 890-3123 Fax (909) 890-3 120

San Diego

(619) 822-1280 Fax (619) 822-1284

Kaiser Dermanente

(626) 5643322 Fax (626) 564-3311

An Expanded AFP coordinator office phone number is listed on all result mailers.

Call (5 10) 540-2 534 for questions.



# HISTORY

mendment of subsection (b)(3) filed 4-15-80 as an emergency; effective upon filing (Register 80, No. 16). A Certificate of Compliance must be transmitted to OAH within 120 days or emergency language will be repealed on R-14-80.

- 2. Certificate of Compliance transmitted to OAL 7-29-80 and filed 8-20-80 (Register 80. No. 34).
- 3. Amendment of subsection (a), new subsections (a)(1)-(3), and amendment of subsection (b)(3) and Note filed 3-29-96: operative 4-28-96 (Register 96, No. 13)
- 4. Editorial correction of subsection (b)(3) (Register 97, No. 12).
- 5 Amendment of subsection (b)(3) and Note filed E-22-97 as an emergency; operative 5-22-97 (Register 97, No. 21). A Certificate of Compliance must be transmitted to OAL by 9-19-97 or emergency language will be repealed by operation of law on the following day.

# Subchapter 8.1. Immunization Against Measles (Rubeola)

# HISTORY

1. Repealer filed 3-22-78 as an emergency, effective upon filing (Register 78, No. 12). For prior history, see Registers 67, No. 43; 67. No. 48; and 72. No. 11.

# Subchapter 8.2. Immunization Against Diphtheria, Tetanus, and Pertussis

### HISTORY

I. Repealer filed 3-22-78 as an emergency. effective upon filing (Register 78. No. 12). For prior history, see Register 72, No. II.

# Subchapter 9. Heritable Diseases

# Article 1. Testing for Preventable Heritable Disorders

# § 6500. Definitions.

- (a) Preventable Heritable or Congenital Disorders. "Preventable heritable or congenital disorders" means any disorder or abnormality present at birth which is detectable by testing a newborn and for which effective means of prevention or amelioration exist.
  - (b) Newborn. "Newborn" means an infant 30 days of age and under.
- (c) **Birth** Attendant. "Birth attendant" means any **person** licensed or certified by **the** State to **provide** maternity care and to deliver pregnant women or to practice medicine.
- (d) **Perinatal** Licensed **Health Facility: "Perinatal** licensed **health** facility" means any **health** facility licensed by the State and approved to **pro**vide perinatal, delivery, newborn intensive care, newborn nursery or pediatric services.
- (e) Days of Age. "Days of age" means the measurement of the age of a newborn in 24—hour periods so that a newborn is one day of age 24 hours following the hour of birth.
- (f) Discharge. "Discharge" means release of **the** newborn from care and custody of **the** perinatal licensed **health** facility to the parents or into the community.
- (g) Transfer. "Transfer" means release of the newborn from care and custody of one perinatal licensed **health** facility to care and custody of another perinatal licensed **health** facility. or admission to another **perinatal** licensed health facility of a newborn in an out-of-state facility.
- (h) Newborn's Physician. "Newborn's physician" means the physician responsible for the care of the newborn after discharge from the hos-
- (t) Initial Specimen. "Initial specimen" means the first specimen collected subsequent to birth, pursuant to these regulations.
- (j) Initial Test. "Initial test" means the fist valid newborn screening test or combination of tests of a newborn for each disorder covered by these regulations.

- (k) Initial Presumptive Positive Test. "Initial presumptive positive test" means a newborn's blood spximen which is defined as positive for reporting purposes.
- (1) Inadequate Specimen. "Inadequate specimen" means a newborn's blood specimen which is not suitable in quality or quantity to perform newborn screening for one or more of the disorders covered by these regulations.
- (m) Repeat Specimen. "Repeat specimen" means a specimen collected from a newborn following the newborn screening laboratory's report that a previously collected specimen was either madequate or that test results were inconclusive
- (n) Repeat Test. "Repeat test" means a **test** required by these **regula**tions to be **repeated** for a newborn because **the previous** specimen or test **results** were inadequate or test results were not complete.
- (o) Recall Specimen. "Recall specimen" means a specimen collected from a newborn because the initial test or combination of tests was presumptive positive for any of the disorders covered by these regulations.
- (p) Recall Test. "Recall test" means a test ordered collected from a newborn because **the** initial test orcombination **of tests** was presumptive positive for any of **the disorders** coveted by **these regulations**.
- (q) Newborn Screening Laboratory. "Newborn screening laboratory" means a laboratory operated by **the** Department **or a** laboratory contracting **with the** Department to conduct tests required by this article.
- (r) Area Genetic Center. "Area genetic center" means an institution, corporation, hospital or university medical center having specialized expertise designated by the Department to serve a specific geographic area of the State which has contracted with the Department toprovide follow-up. referral and diagnosis of a preventable heritable or congenital disorder as defied in this Article.
- (s) Sickle Cell Education and Counseling Program. "Sickle cell education and counseling program" means an educational and counseling program in which the disease orientation is. in whole or in major part. sickle cell disease.
- (t) Sickle Cell Counselor. "Sickle cell counselor" means a person who provides face to face information on the medical, social, and genetic consequences of sickle cell disease and trait and who has successfully complete. In approved sickle cell counselor training program and is certified as such by the Department of Health Services. Physicians and individuals with a master's degree in genetic counseling who are board eligible or board certified by the American Board of Medical Genetics are not required to complete such a training program.

Note: Authority cited: Section 309, Health and Safety Code. Reference: Sections 309, 325, 326 and 327. Health and Safety Code.

# HISTORY

- .. New subchapter 9 (section 6500) filed 12-I-65; designated effective 1 -1-66 (Register 65, No. 23).
- Amendment filed 10-5-66; effective thirtieth day thereafter (Register 66, No. 34)
- 3. Repealer filed 4-1 1-80; designated effective 9-I-80 (Register 80, No. 15).
- 4. Renumbering and amendment of former section 6500.5 to section 6500 filed 1 I-21-86; effective thirtieth day thereafter (Register 86, No. 47).
- i. Amendment of subsection (r) and new subsections (s) and (t) filed by the Department of Health Services with the Secretary of State on 12-22-89 as an emergency; operative 12-22-89. Submitted to OAL for printing only pursuant to Health and Safety Code section 309(g) (Register 90, No. 4).
- 6. Amendment of subsection(t) filed by the Department of Health Services with the Secretary of State on 5-30-90 as an emergency; operative 5-30-90. Submined to OAL for printing only pursuant to Health and Safety Code section 309(g)(Register 90, No 30).
- '. Editorial correction of printing error in subsection (r) restoring HISTORY 5. and renumbering previous HISTORY 5. to 6. (Register 91, No. 32).

# § 6500.1. Effective Date of Repeal and Implementation.

Note: Authority cited: Section 208. Health and Safety Code: Reference: Sections 51 and 309, Health and Safety Code.

# HISTORY

New section filed 4-11-80; designated effective 9-1-80 (Register 80, No. 15).

2 Amendment filed R-29-80 as an emergency: effective upon filing (Register 80. No. 35) A certificate of compliance must be filed within 120 days or emergency language will be repealed on 12-28-80.

Page 86 Register 97, No. 21, 5, 23-97

- Certificate of Compliance transmitted to OAL 12-15-80 and filed 1-21-81 (Register 81-No. 3).
- Repealer filed 11-21-86; effective thirtieth day thereafter (Register 86, No. 47).

# § 6500.5. Definitions.

### HISTORY

- 1. New section filed 4-I 1-80: designated effective 9-1-W (Register 80, No. 15)
- 2. Renumbering and amendment of former Section 6500.5 to Section 6500 filed I I-21-86; effective thirtieth day thereafter (Register X6, No. 47).

# § 6501. Scope of Newborn Testing.

- (a) Each **newbom bom** in California shall be tested for hereditary hemoglobinopathics, phenylketonuria, hypothyroidism and galactosemia in accordance with **procedures** in this Article
- (b) The provisions of Section 6501 (a) shall not apply if a patent or legally appointed guardian objects to a test on the ground that it conflicts with his orher religious beliefs or practices. If the parent or legal guardian refuses to allow the collection of a blood specimen, such refusal shall be made in writing and signed by a patent or legally appointed guardian and included in tie newborn's medical or hospital record.
- (c) The provisitus of Section 6501(a) shall not apply if the newborn has a condition almost certainly to be fatal in the first thirty (30) days of life which shall be documented in the medical record.

NOTE: Authority cited: Section 309, t lealth and Safety Code. Reference: Sections 151, 154, 155, 309, 325, 326 and 327. Health and Safety Code.

# HISTORY

- 1. New section filed 4-1 I-80: designated effective 9-I-80 (Register 80, No. 15).
- 2. Amendment filed I I-21 -86; effective thirtieth day thereafter (Register 86, No. 47).
- 3. Amendment of subsections (a) and (c) filed by the Department of Health Services with the Secretary of State on 12-22-89 as an emergency; operative 12-22-89. Submitted to OAL for printing only pursuant to Health and Safety Code Section 309(g) (Register 90. No. 4).

# § 6502. Laboratory Tests.

Note: Authority cited: Sections IS 1 and 208. Health and Safety Code. Reference: Section 309. Health and Safety Code.

# HISTOR

New section filed 4-11-80; designated effective 9-I-80 (Register 80. No. I).
 Repealer filed I I-21-86: effective thirtieth day thereafter (Register 86. No. 47).

# \$ 6502-f. Confidentiality.

- (a) All information records of interview, written reports, statements. notes. memoranda, or other datapt tured by an individual, group or research team in the course of any testing under this article shall be confidential and shall be used solely for the purposes of medical intervention. counseling, or specific research project approved by the Department.
- (b) Except as provided bylaw, such information shall not be exhibited nordisclosed in any way, in whole or in part, by any individual, group, or research team except with the written consent of the person or his/her legally authorized representative unless such data can be manner which preserves anonymity of the persons tested.

NOTE- Authority cited: Section 309. Health and Safety Code. Reference: Sections 151 and 309, Health and Safety Code.

# HISTORY

1. New section filed by the Department of Health Seniors with the Secretary of State on 5-30-90 as an emergency; operative S-30-90. Submitted to OAL for printing only pursuant to Health and Safety Code section 309(g) (Register 90. No. 30).

# § 6503. Newborn Screening Laboratories.

- (a) The Department shall designate laboratories and tests to be used for Expartment required new m tests. Such laboratories shall be either laboratories operated by the Department for quality control confirmatory and emergency testing or contractor laboratories licensed as clinical laboratories under the Business and Professions Code.
- (b) Perinatal licensed health facilities and birth attendants shall submit required specimens to the newborn screening laboratory designated by the Department.

- (c) Contract newborn screening laboratories shall be limited to laboratories that shall have submitted a bid acceptable to the Department on a competitive contract to provide laboratory services in sufficient volume to cover al! of the newborns born in a geographical area, as defined by the Department, plus an appropriate emergency capacity. The Department will define not more than six areas and may combine areas if necessary to reduce costs or assure statewide coverage.
- (d) Notwithstanding (c) above a comprehensive prepaid group practice direct health cam service plan with 20,000 or more births in the last completed calendar year for which complete statistics are available may have a laboratory serving a comprehensive prepaid group practice health care service plan designated a newborn screening laboratory under terms of a written agreement as defined in Section 6508(b) or may provide services in conformity with the terms of a mutually acceptable contract for services.
- (e) Newborn screening laboratories shall participate in a proficiency testing program conducted by the Department's laboratory and shall maintain levels of performance acceptable to the Department.
- (f) Newborn screening laboratories contracting with the Department shall be subject to on-site inspections and review of laboratory performance of tests and laboratory records.

Note: Authority cited: Section 309, Health and Safety Code. Reference: Sections 157 and 309. Health and Safety Code.

### HISTORY

- 1. New section filed 4-11-80; designated effective 9-1-80 (Register 80, No. 15)
- Amendment filed 8-29-80 as an emergency; effective upon filing (Register 80, No. 35). A certificate of compliance must be filed within 120 days or emergency language will be repealed 12-28-80.
- Certificate of Compliance transmitted to OAL, 12-I 5-80 and filed I- 12-8 I (Register 81, No. 3).
- 4. Amendment filed I 1-21-86; effective thirtieth day thereafter (Register 86, No. 47).
- 5. Amendment of subsections (d) and (e) filed by the Department of Health Services with the Secretary of State on 12-22-89 as an emergency; operative 12-22-89. Submitted to OAL for printing only pursuant to Health and Safety Code Section 309(g) (Register 90, No. 4).

# § 6504. Use of Newborn Screening Forms.

- (a) Al! birth attendants engaged in providing perinatal care shall provide pregnant women. prior to the estimated date of delivery, with a copy of the informational material, titled "Important Information for Parents," provided by the Department.
- (b) Perinatal licensed health facilities shall provide each pregnant woman admitted for delivery with a copy of the informational material provided by the Department, titled "Important Information for Parents." prior to collection of the blood specimen if such information has not been provided pursuant to subsection (a) above. If a woman is unable to read such material, it shall be translated or read to her in a language she understands.
- (c) Department approved specimen collection forms shall not be copied. printed, reproduced. acquired, purchased or distributed other than as provided for in these regulations.
- (d) Such Department approved specimen collection forms shall be fully and accurately completed by birth attendants, perinatal licensed health facilities and laboratories and a copy shall be filed in each newborn's medical record.
- (e) Perinatal licensed health facilities shall maintain such records as are necessary to assure compliance with these regulations and provide the Department with such data as may be periodically required including, but not limited to, information on all newborns discharged or transferred from the facility without collection of a blood specimen. All such information and records shall be confidential but shall be open to examination by the Department personnel or its designated agents for any purpose directly connected with the administration of the new born screening program.

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(f) Birth attendants or physicians shall provide to parent(s) or legally appointed guardian(s) who object to the tests on the basis it is in conflict with their religious beliefs or practices, a refusal form approved by the Department and shall obtain the appropriate signature(s) upon the form. If the parent(s) or legally appointed guardian(s) is unable to read such material, it shall be translated or read to such person(s) in a language understood by such persons.

Note Authority cited: Section 309, Health and Safety Code. Reference: Sections 1 51 and 309. Health and safety Code.

Page 88 Register 97, No. 21, 5-23-97

# HISTOR Y

- I. New section filed 4 I I 80; designated effective 9 I -80 (Register RO. No. 15).
- Amendment of subsection (f) filed 8 · 29 · 80 as an emergency (Register 80. No. 35). A certificate of compliance must be filed within 120 days or emergency language will be repealed on 12 28 80.
- 3. Certificate of Compliance transmitted to OAL 1215-80 and filed I 12-81 (Register 81, No. 3).
- Repealer and new section fikd 1I 21-86; effective thirtieth day thereafter (Register 86, No. 47).

# §6505. Collection of Specimens.

- (a) **Birth** attendants. laboratories and hospitals shall **collect specimens** using the technique for blood collection distributed by the Department.
- **(b)** Physicians or birth attendants who are caring for newborns **born** in perinatal licensed health facilities shall have blood specimens **collected** using **Department** approved specimen collection forms in accordance with **criteria** distributed by the **Department** including the **following**:
- (1) A specimen must be collected from any untested infant prior 10 blood transfusion.
- (2) For newborns discharged before six days of age. a blood specimen shall be obtained as close 10 the time of discharge from the perinatal licensed health facility as is practical regardless of age or feeding history. unless the newborn is transferred for continuing care to another perinatal licensed health facilities which discharge infants before 24 hours of age may request a waiver from this requirement documenting how such newborns will be tested on or before 6 days of age. Such alternative testing schedules must be approved in writing by the Department.
- (3) For newhoms remaining in perinatal licensed health facilities beyond **five** days of age. a blood specimen shall be obtained from the **new**-born on the sixth day of age regardless of feeding history.
- (4) For newborns received by transfer on or **before** six days of age. the receiving hospital shall obtain a blood specimen as close 10 discharge as possible, and if not discharged by the sixth day, a blood specimen shall **be** obtained on the sixth day of life.
- (c) Fornewborns not born in a perinatal licensed health facility but admitted to a perinatal licensed health facility within the first six days of age. a specimen shall be obtained as close 10 discharge as possible. and if not discharged by the sixth day of life. a blood specimen shall be obtained on the sixth day of life unless the newborn's physician has evidence that the specimen was previously obtained and records the result of the test in the newborn's medical record.
- (d) For newborns not born in a perinatal licensed health facility but admitted to a perinatal licensed health facility after six days of age but within the first 30 days of age. a blood specimen shall be obtained within 48 hours after admission unless the newborn's physician has evidence that the specimen was previously obtained and records the results of the test in the newborn's medical record.
- (e) Physicians attending sick newborns who **exhibit** symptoms **suggestive** of galactosemia. hypothyroidism or **phenylketonuria** (PKU). in addition to immediate diagnostic tests from local laboratory **sources**. shall have a blood specimen collected from the newborn and submitted to a newborn screening laboratory using forms purchased from **the** Department.
- (f) Physicians attending critically ill newborns who require special care may postpone collection of a blood *specimen* until the newborn's **cmergency** life threatening condition is stabilized.
- (g) Birth attendants or physicians attending newborns not born in a perinatal licensed health facility and not subsequently admitted to a licensed health facility during the fist six days of age. shall have a blood specimen collected from the newborn between the second and sixth days of age and submitted to a newborn screening laboratory using forms obtained from the Department.
- (h) If a newborn is born outside of a perinatal licensed health facility and the birth is not attended by a birth attendant and the newborn is not subsequently admitted to a perinatal licensed health facility within the first ten days of age. the person required to register the birth shall arrange

for a blood **specimen** to be collected and **submitted to** a newborn **screen-ung** laboratory between the second and tenth day of age.

- (i) Initial specimens shall be collected using a Department -approved form and shall beplaced in the United States mail or other approved channel of transmittal lo the assigned Department&approved laboratory as soon as possible. but not later than 12 hours after they are obtained.
- (j) The blood specimen and information obtained during the testing process becomes the property of the State and may be used for program evaluation or research by the Department or Department approved scientific researchers without identifying the person or persons from whom these results were obtained unless the person or his/her legally authorized representative specifically prohibits such use in writing.

  Non:: Authority cited: Section 309. Health and Safety Code. Reference: Sections

IS I and 309. Health and Safety Code.

### HISTORY

- New section filed 4 1 I 80; designated effective 9 180 (Register 80, No. I 5)
   For history of former section, see Registers 78. No. 34 and 74. No. 18.
- Amendment of subsection (it filed 8 29 HO as an emergency: effective upon filing (Register 80, No. 35). A certificate of compliance must be filed within 120 days or emergency language will be repeated on 12 28-80.
- 3. Certificate of Compliance transmitted to OAL 12-IS 80 and filed I I2 81 (Register RI. No. 3).
- Repealer and new section filed I I -21 -86: effective thirtieth day thereafter (Register 86, No. 47).
- 5. Amendment of subsections (b), (c), (f) and (i), and new subsection (j) filed hy UK Department of Health Services with the Secretary of State on I2 22 89 as an emergency: operative 12-22-89. Submitted to OAL for printing only pursuant 10 Health and Safety Code Section 309(g) (Register 90. Nn. 4).

# 36506. Reporting and Follow-Up of Tests.

- (a) Perinatal licensed health facilities **shall review** each newborn's medical record within 14 days from the date of discharge 10 **determine** that the results of **required** tests are filed in the newborn's **medical** record. or that a parent's or legal guardian's signed refusal has been filed in the newborn's medical record.
- (b) Whenever a perinatal licensed health facility determines that a discharged newborn has not received the mandated tests, the facility shall contact the newborn's physician by telephone to inform him/her that a specimen must be obtained and immediately send written notification to the newborn's physician and the Department. If the newborn's physician cannot be contacted or will not obtain a specimen, the perinatal licensed health facility shall notify the Department—approved area genetic crnter by telephone and shall send written notification within five days to the area genetic center and the Department.
- (c) Whenever a perinatal licensed health facility determines that a specimen has been obtained, but there are no results available in the newborn's medical record the facility shall send written notification within five days to the Department.
- (d) When the newborn's physician is notified by telephone by the perinatal licensed health facility that an ewborn was discharged from the pernatal licensed health facility before a specimen was taken the newborn's physician shall make every reasonable effort to have a specimen obtained within five days of notification. If the newborn's physician cannot obtain the specimen, the area genetic center shall he notified by the newborn's physician by telephone. Such telephone notification shall be noted un the newborn's physician's records, specifying the date of notification, the person notified and the information provided.
- (e) When a newborn's physician is notified by the laboratory by telephone that a specimen is inadequate, the physician so notified shall make every reasonable effort to have an adequate specimen obtained within five days of notification, if the newborn's physician so notified, cannot obtain the repeat specimen, the physician shall notify the area genetic center as soon as possible by telephone. Such telephone notification shall be noted in thencwborn's physician's records specifying the date of notification, the person notified and the information provided.
- (f) When the newborn's physician is notified by telephone by the Department- approved area genetic center of an initial presumptive positive test result the newborn's physician shall obtain an adequate recall blood specimen from the newborn and submit it to the designated laboratory

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within 48 hours. If the recall blood specimen cannot be obtained within 48 hours, the newborn's physician shall notify the area genetic center by telephone. Such telephone notification shall be noted in the newborn's physician's records, specifying the date of notification, the person notified and the information provided.

- (g) Repeat and recall specimens required by these regulations shall be collected on Department approved forms. placed in appropriate containers, and shall be placed in the United States mail or other approved channel of transmittal to the assigned. Department—approved laboratory as soon as possible. but not later than 12 hours after they have been obtained.
- **(h)** All physicians making an initial diagnosis of a preventable heritable disorder for which testing is required under this Article shall report such diagnosis and the **information** necessary for follow-up and investigation to the Department.
- (i) Willful or repeated failure to comply with these regulations shall he **referred** by any person having knowledge of non compliance to the appropriate licensing authority. Failure 10 report may constitute grounds for disciplinary action including revocation of license.

NOTE: Authority cited: Section 309. Health and Safety Code. Reference: Sections IS I and 309. Health and Safety Code.

### HISTORY

- 1. New Section filed 4-11-80; designated effective 9-1-80 (Register 80, No. 15).
- Repealer and new section fikd 1 | 21-86; effective thirtieth day thereafter (Regiskr 86. No. 47),

# § 6507. Local Agencies Responsibilities.

Note: Authority cited: Section 309, Health and Safety Code. Reference: Sections 151 and 309, Health and Safety Code.

### HISTORY

- 1. New section filed 4-11-80; designated effective 9-1 80 (Register 80, No. 15).
- Repeakr ad new section filed | 1-21 46: effective thirtieth day thereafter (Register 86, No. 47).
- 3. Renumbering of Section 6507 to Section 6507. I filed by the Department of Health Services with the Secretary of Stale on 12-22-89 as an emergency. operative 12-22-89. Submitted to OAL for printing only pursuant to Health and Safety Code Section 309(g) (Register 90, No. 4).

# § 6507.1. Local Agencies Responsibilities.

- (a) the county registrar shall provide a copy of the informational material prepared and provided by **the** Department to each person registering the birth of a newborn **that** occurred outside of a **perinatal** licensed health facility when the said newborn was not admitted to a **perinatal licensed** health facility within the first 30 days of age. The local health officer and the Department shall be notified of each such registration by the **county** registrar.
- **(b)** Each local health department in the county where a newborn resides shall **be** responsible for making every reasonable effort to obtain **specimens** when requested by the Department-approved area genetic center or the **Department**. If aftereveryreasonable effort a specimen cannot be obtained, the local health department may, after 30 days, with approval from the Department, terminate efforts.

 $oldsymbol{NoTE}$ : Authoritycited: Section 309. Health and Safety Code. Reference: Sections 151 and 309, Health and Safety Code.

# HISTORY

- 1. Renumbering of former Section 6507 to Section 6507.1 filed by the Department of Health Services with the Secretary of State on 12 -22-89 as 21 emergency: operative 12-22-89. Submitted to OAL for printing only pursuant to Health and Safety Code Section 309(g) (Register 90, No. 4). For prior history. see Register 86, No. 47.
- § 6507.2. Sickle Cell Education and Counseling Programs.
- (a) Each sickle cell education and counseling program shall apply for and obtain written approval from the Department of Health Services. Such approval shall be contingent upon compliance with all sections of these regulations.
  - (b) Each sickle cell education and counseling program shall:
  - (1) Provide counseling services to the clients.

- (2) Employ State approved sickle cell counselors to perform all of the counseling following. or relating to. any abnormal hemoglobinopath finding.
- (3) **Demonstrate. upon** request by the Department of Health **Services.** that each of its counselors successfully participates in State -approved educational programs which serve to update the knowledge and enhance the proficiency of such counselors.
- (4) Have a physician with special training and experience in pediatric hematology to serve as medical director or **consultant** to **order and interpret** laboratory tests used in counseling.
- (5) Have written protocols to **protect** the confidentiality and security of all records containing personal information.
  - (6) Use only **State-approved** educational materials.
- (7) Use any laboratory **that** meets the Department's **standards** for **sickle** cell hemoglobin testing.

NOTE: Authoritycited: Section 309, Health and Safety Code. Reference: Sections 325, 326 and 327, Health and Safety Code.

### HISTORY

1. New section fikd by the Department of Health Services with the Secretary of State on 12-22-89 as an emergency. operative 12 22 89. Submilkd to OAL for printing only pursuant to Health and Safety Code Section 309(g) (Register 90. No. 4).

# § 6507.3. Certificate of Approval As a Sickle Cell Counselor.

- (a) A sickle cell counselor shall obtain a **certificate** of approval from the **Department** of Health Services upon **presentation of written evidence** that he or she has:
- (1) Completed a course at a sickle cell counselor training center approved by the **Department** with such center's endorsement of his or her ability to function as a sickle cell counselor, and/or
- (2) Successfully completed an examination or examinations which demonstrate his or her knowledge or expertise in the field, and one or more personal interviews to demonstrate an understanding of. and ability to communicate with persons who have sickle cell disease or sickle cell trait.
- **(b)** All sickle cell counselors must provide documentation of completion of State-approved training to update skills and **knowledge** on an annual basis.
  - (c) This section shall not apply to physicians.

NOTE: Authority cikd: Section 309. Health and Safety Code. Reference Sections 325, 326 and 327. Health and Safety Code.

# HISTORY

- 1. New section tiled by the Department of Health Services with the Secretary of State on 12 22-89 as an emergency operative 12-22-89. Submitted to OAL for printing only pursuant to Health and Safety Code section 309(g) (Register 90. No. 4).
- 2. Repealer of section 6507.3 and renumbering of section 6507.4 to section 6507.3 filed 4 20-92 as an emergency: operative 4-20-92 (Register 92. No. 18). A Certificate of Compliance must be transmitted to OAI. 8- 1 8 92 or emergency language will be repealed by operation of law on the following day.
- 3. Certificate of Compliance as to 4-20-92 or&r transmitted to OAL 817 92 and filed 9 28-92 (Regiskr 92. No. 40).

# § 6507.4. Voluntary Participation.

Participation by any person in a sickle cell education and counseling program in which medical information is obtained through interview. test or other ascertainment procedure shall be wholly voluntary and shall not be a prerequisite to eligibility for, or receipt of, any other services or assislance from, or lo participation in any other program.

Note: Authoritycited: Section 309. Health and Safety Code. Reference: Section 151, Health and Safety Code.

# HISTORY

- 1. New section filed by the Department of Health Services with he Secretary of State on [2.22-89 as an emergency, operative 12-22 89. Submitted to OAI for printing only pursuant to Health and Safety Code section 309(g) (Register, 90. No. 4).
- 2. Renumbering of section 6507.4 to section 6507.3 and renumbering of 6507.5 to section 6507.4 filed 4 20-92 as an emergency, operative 4 -20-92 (Register 92, No. 18). A Certificate of Compliance must be transmitted to OAL 8-18-92 or emergency language will be repealed by operation of law on the following day.

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 Certificate of Compliance as to 4-20-92 order transmitted to OAL 8-17-92 and filed 9-28-92 (Register 92, No. 40)

# § 6507.5. Informed consent

- (a) A sickle **cell education** and counseling program shall obtain informed **consent** from each adult upon whom testing or any other screening procedure is to be performed. If the person is a minor other than a newborn, informed consent shall be obtained from such child's parent or guardian. An informed consent shall be obtained from an emancipated minor without the need for parent or guardian consent.
- **(b) The** informed **consent** shall be in writing in **format** approved by **the** Department and shall **be** signed by the person. by his or **her** guardian or. except in the case of an emancipated minor, by his or her parent.

NOTE: Authority cited: Section 309, Health and Safety Code. Reference: Section 151, Health and Safety Code.

### HISTORY

- I. New section filed by the Department of Health Services with the Secretary of State an 12-22-89 as an emergency, operative 12-2249. Submitted to OAL for printing only pursuant to Health and Safety Cak section 309(g) (Register 90. No. 4).
- 2. Renumbering of section 6507.5 to section 6507.4 and renumbering of section 6507.6 to section 6507.5 fikd 4-20-92 as an emergency, operative 4-20-92 (Register 92, No 18). A Certificate of Compliance must be transmitted to OAL R-I 8-92 or emergency language will be repealed by operation of law on the following day.
- Certificate of Compliance as to 4-20-92 order transmitted to OAL 8-17-92 and filed 9-28-92 (Register 92, No. 40).
- 4. Editorial correction of HISTORY 2 (Register 95, No. 18).

# § 6507.6. Approval of Hemoglobin Counseling Laboratories.

- (a) All laboratories that accept specimens from an approvedsickle cell counseling program shall be in compliance with the Businessand **Professions Code governing licensed clinical laboratory operations and personnel** (commencing with Section 1200 of the Business and Professions Code) or be an approved public health laboratory operated in accordance with the California **Health** and Safety Code. Section **1000** et seq.
- (b) All laboratories involved in sickle cell screening as defined in these regulations shall use a test or combination of tests with demonstrated ability to distinguish hemoglobins including F, A. S, C, D, and E. as well as the thalassemias.
- (c) The State Department of Health Services shall have the responsibility of monitoring sickle cell screening laboratories coming under the scope of these regulations. Such monitoring may be accomplished by onsite inspections and proficiency esting, or any other effective method. The Department may deny, revoke, or suspend the approval of any laboratory which does not comply or continue to comply with the above qualifications.

NOTE Authority cited; Sections 20X(a), 309 and 32.5, Health and Safety Code. Reference: Sections 325 and 327, Health and Safety Code.

# HISTOR's

- 1. New section filed by the Department of Health Services with the Secretary of State on 12-22-89 as an emergency, operative 12-22-89, Submitted to OAL for printing only pursuant 10 Health and Safety Code section 309(g) (Register 90, No. 4).
- 2. Renumbering of section 6507.6 to section 6507.5 and renumbering of section 6507.7 to section 6507.6 Ckd 4-20-92 as an emergency, operative 4-20-92 (Register 92. No. 18). A Certificate of Compliance mud be transmitted to OAL 8-18-92 or emergency language will be repeated by operation of law on the following day.
- 3. Certificate of Compliance as to 4-20-92 order transmitted to OAL 8-17-92 and filed P-28-92 (Register 92. No. 40).

# § 6507.7. Sickle Cell Trait Follow-Up Vendor.

- (a) A sickle cell trait follow-upvendor shall mean any sickle cell **education** and counseling program that is:
  - (I ) approved under this subchapter, and
- (2) signs a vendor agreement to provide services an accordance with Department policies, including a fee schedule provided by the Department. The Department may obtain and provide reimbursements for any or all follow-up services authorized as a result of newborn sickle cell screening from such approved vendors.

Note: Authority cited: Section 309, Health and Safety Code, Reference: Sections 325, ind 326, Health and Safety Code.

# HISTORY

- 1. Renumbering of section 6507.7 to section 6507.6 and new section filed 4-20-92 as an emergency; operative 4-20-92 (Register 92. No.18). A Certificate of Compliance must be transmitted to OAL 8-18-92 or emergency language will be repealed by operation of law on the following day.
- Certificate of Compliance as to 4-20-92 order transmitted to ()AL R-17-92 and filed 9-28-92 (Register 92. No. 40).

# \$6508. Fee Collection.

- (a) Perinatal licensed health facilities and birth attendants shall obtain from the Department a sufficient supply of specimen collection forms lo permit collection of a blood specimen from each newborn required to be tested under these regulations.
- (b) The Department shall collect a fee for each specimen record form provided and a program participation fee for all services provided The **fee** for a specimen record form shall be one (I) dollar and for program services forty-one (41) dollars except for a comprehensive prepaid group practice direct health care service plan with 20.000 or more births in the last completed calendar year for which complete statistics are available. which elects to provide testing follow-up and/or counseling services to its members. The fee for such plans shall be, equal to the Department's cost of administration of the newborn screening program. to be determined by reducing the forty-one (41) dollar program service fee by the annual statewide average per infant contracted cost of laboratory testing. follow-up and/or counseling services rendered during the previous fiscal year. In order to qualify for this special fee a medical group serving a comprehensive prepaid group practice direct care service plan with 20,000 or more births shall sign a written agreement which contains the same **standards** and conditions, except as to payment or where specifically waived, as arc applicable to the newborn screening laboratories and area genetic centers, adhere to the regulations governing the program. and to submit to monitoring and evaluation of compliance. Failure to comply with these conditions after being given written notification and thirty (30) days to correct deviations shall result in loss of the option in the event the option is lost the State shall designate appropriate contracors to provide services.

'The provisions of this section shall **not** apply if the newborn is part of a State-approved demonstration program.

- (c) Birth attendants and physicians attending newborns who are under six days of age and who were not born in perinatal licensed health facilities and not subsequently admitted to perinatal licensed health facilities shall obtain a sufficient supply of specimen record forms to permit collection or shall arrange for a collection of a blood specimen from each such newborn attended.
- (d) Birth attendants and physicians attending newborns and perinatal licensed health facilities shall not charge parents or third parties responsible for medical cam coverage fees for participation in the newborn screening program in addition to those specified in this section, except for reasonable fees for costs of blood specimen collection and handling which shall not exceed six (6) dollars.
- (e) The perinatal licensed health facility shall make available to the responsible physician. at no additional charge, specimen collection services or a specimen record form for obtaining either a repeat specimen for an inadequate specimen or a specimen on a newborn discharged with out the test having been obtained.
- (f) Birth attendants and physicians submitting a blood specimen for newborn screening on a form other than those approved by the Department shall be charged a handling fee of five (5) dollars in addition to the usual fee for program services and specimen record form specified in (b) above for each such specimen.

Note: Authority cited: Section (25000(h)(j), Health and Safety Code. Reference: Sections (25000(b)) and (25005). Health and Safety Code.

# HISTORY

- 1. New action tikd I 1-2 1-86; effective thirtieth day thereafter (Register 86. No. 47).
- 2. Amendment filed 12-6-90 as an emergency print only; operative 12-6-M (Register 91, No. 14). A Certificate of Compliance must be transmitted to OAL

- by April 5, 1991, or emergency language will be repealed by operation of law on the following day.
- Certificate of Compliance as to 12-6-90 order transmitted to OAL 3-19-91 and filed 4-8-91 (Register 91, No. 19).
- 4. Amendment filed 8-7-91 by the Department of Health Services with the Secretary of State, operative 8-7-91. Submitted to OAL as an emergency for printing only pursuant to Health and Safety Code section 309 (Register 91. No. 50).
- 5. Amendment of subsection (b) filed 6-30-92 with Secretary of State by the Department of Health Services; operative 7-1-92. Submitted to OAL as an emergency for printing only pursuant to Health and Safety. Code sections 289.7(b) and 309(h) (Register 92, No. 27).
- 6. Certificate of Compliance as to 6-30-92 order transmuted to OAL 10-20-92 and filed [1-20-92 (Register 92. No. 47).
- 7. Editorial correction of HISTORY 5. (Register 92. No. 47)
- 8. Amendment of subsections (b) and (f) and amendment of Noti: filed 6-6-97 as an emergency; operative 6-6-97 (Register 97, No. 24). This regulatory action is deemed an emergency exempt from OAL review and was filed directly with the Secretary of State pursuant to Health and Safety Code section 125000(h). These amendments shall remain in effect until rewed or repealed by DHS pursuant to Health and Safety Code section 1 25000(j).
- § 6510. Rhesus (Rh) **Hemolytic** Disease of the Newborn.
- (a) Medical **staffs** of hospitals and physicians thereof shall in providing for the **care of** pregnant women determine that a blood specimen has been obtained for the determination of rhesus **(Rh)** blood type or shall **obtain** or cause **tobe obtained** a blood specimen within 24 hours of **termination** of pregnancy whether by delivery or by spontaneous or therapeutic abortion for this purpose as required by Article 2.7, Chapter 2, Part 1 of Division I of the Health and Safety Code.
- (b) All cases, or suspected cases of rhesus (Rh) hemolytic disease of the newborn, shall be reported to the Department of Health Services. Every patient diagnosed in any licensed hospital as having such condition shall be reported by the hospital on the form provided by the Department for this purpose. The hospital shall notify the physician making the diagnosis that such a report has &en filed.

Note: Authority cited: Sections 15 | ,208 and 306(b), Health and Safety Code. Reference: Sections 204,305 and 306, Health and Safety Code.

# HISTORY

- New section filed 3-16-70; effective thirtieth dny thereafter (Register 70, No. 12).
- Amendment of subsection (a)(1) filed Z-2-7 I; effective thirtieth day thereafter (Register 71. No. 6).
- 3. Editorial correction filed 11-5-84 (Register 84, No. 45).

# Article 2. Testing of Pregnant Women for Heritable and Congenital Disorders

# § 6521. Definitions.

- (a) Neural Tube **Defects** of the Fetus. "Neural lube **defects** of the fetus" means any malformation of the fetus caused by failure of the developing spine and skull to properly close. Examples are **spina bifida** and **anence-phaly**.
- (b) Birth Defects. "Birth defects" means any functional or structural defect caused by failure or error in the development of a fetus that is capable of being prenatally detected and for which the Department has provided a surveillance or screening program including but not limited to neural tube defects, ventral wall defects. and chromosomal defects.
- (c) Expanded AFP Prenatal Screening for Birth Defects. "Expanded AFP prenatal screening for birth defects" means the sequence of screening tests of initial and repeat blood tests and where medically indicated differential diagnostic screening tests and procedures authorized by the Department and provided by department—approved vendors.
- (d) Differential Diagnostic Screening Tests and Procedures. "Differential diagnostic screening tests and procedures" means those additional screening tests. methods, examinations or activities which are performed consequent to a positive blood screening test and which are used to distinguish between the presence of a birth defect of the fetus and other causes of positive blood screening tests.

- (e) Gestational Age, "Gestational age" shall be defined as the number of days clapsed since the first day of the last normal menstrual period. Gestational age may be calculated as the number of days from known or suspected conception plus 14 days or by ultrasound examination and measurements.
- (f) Alpha-fetoprotein. "Alpha-fetoprotein" means the protein substance in maternal serum and amniotic fluid, the concentration of which is tested to determine the probability that the fetus has a neural tube defect. For the purpose of these regulations, alpha-fetoprotein may be abbreviated and referred to as "AFP," maternal serum alpha-fetoprotein may be abbreviated and referred to as "MS-AFP," and amniotic fluid alpha-fetoprotein may be abbreviated and referred to as "AF-AFP."
- (g) Analyte. "Analyte" means any constituent or substance the concentration of which is related to the presence of a birth defect and is analyzed and reported by prenatal screening laboratories as part of a departmentally provided or administered prenatal screening program including but not limited to alpha—fetoprotein, human chorionic gonadotrophin and estriol.
- (h) Method. "Method" means the steps and procedures used in a laboratory to measure the concentration of analytes in samples of maternal serum or amniotic fluid. Instruments, devices and reagents used are included in this definition.
- (i) Expanded AFP Prenatal Birth Defects Screening Laboratory. "Expanded AFP prenatal birth defects screening laboratory" means a laboratory approved hy the Department to conduct prenatal screening laboratory tests to determine the concentration of analytes and perform other analysis related to birth defects specified as part of state administered testing.
- (j) Clinician. "Clinician" means physician, physician assistant. nurse midwife, nurse practitioner or any other person licensed or certified by the State to provide prenatal care to pregnant women or to practice me&cine.
- (k) Prenatal Diagnosis **Center**. "Prenatal diagnosis **center**" **means** any facility in California which **is approved by** the Department to provide differential diagnostic **tests and procedures** for the prenatal evaluation or detection of genetic diseases. disorders, and birth defects of the fetus.
- (1) Initial Specimen. "Initial specimen" means the first adequate specimen collected from a pregnant woman pursuant to these regulations.
- (m) Initial Screening Positive Test. "Initial screening positive test" means an ...tial screening test of a specimen which gives a positive result as defined by the Department for reporting purposes pursuant to these regulations.
- (n) Inadequate Specimen, "Inadequate specimen" means a blood specimen collected from a pregnant woman which is not suitable in quality or quantity, was collected before the 105th or after the 140th day of gestation, or was not documented with the clinical information necessary for test result interpretation to perform valid prenatal screening for birth defects of the fetus.
- (o) Repeal Specimen. "Repeal specimen" means a **blood** specimen collected from a pregnant woman following the screening **laboratory re**port that a previously collected blood specimen was either inadequate or **that the** screening test results were screening positive or inconclusive as defied by **the** Department.
- (p) An Expanded **AFP** follow-up vendor shall mean any facility, clinic. institution. health maintenance organization. or physician that:
- (I) **submits** documentation verifying that it meets the standards published by the **Department** for approval as a comprehensive prenatal diagnosis center entitled: Prenatal Diagnosis Center Standards and **Definitions 1997**. This **document** in its entirety is hereby incorporated by reference in this section;
  - (2) has had the documentation verified by a state visit or;
- (3) has had experience in the provision of follow-up of women with abnormal MS-AFP results as delined by California's MS-AFP Program prior 10 April 1,1992; and
- (4) receives notification of approval as a Prenatal Diagnosis Center; and

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- When notified that a blood specimen is inadequate for testing, the can shall make a reasonable effort to have an adequate specimen obtained as soon as possible but not more than five (5) days after such notification.
- (g) For each woman in theircare who was prenatally screened for birth defects of the fetus and who had an initial screening positive test, the clinician shall:
- (I) Inform the woman that authorized follow-up services are available at Expanded AFP Follow-up Vendors, and that the program participation fees or lahoralory test fee covers the authorized services.
- (2) Report on the form provided by the Department for this purpose, within 30 calendar days of the end of the pregnancy, the outcome of pregnancy and status of each fetus, or infant resulting therefrom.
- (h) The test results shall he confidential so that such information shall only he released with the knowledge and specific written consent of the woman tested. Persons authorized by the Department to conduct and monitor screening and/or to provide and monitor differential diagnostic follow-up services shall he provided information without necessity of specific written consent.
- (i) Recognizing the strict gestational and time limits wherein prenatal detection of birth defects of the fetus is feasible. clinicians shall make every reasonable effort to schedule screening and differential diagnostic tests and procedures appropriately with respect 10 the gestational dates of the pregnant woman.
- (j) Willful or repeated failure to comply with these regulations shall he referred by any **person** having knowledge of noncompliance to the appropriate licensing authority.

Note: Authoritycited: Sections 12500 and 125070, Health and Safety Code. Reference: Sections 124980 (b), (c), (d), (h), (j) and 12.5070, Health Safety Code.

History

- w section filed by the Department of Health Services with the Secretary of e on 4-746 as an emergency. effective upon filing. Submitted to OAL for ating only pursuant to Government Code Section I 1343.8 (Register 86, No. 16).
- 2. New subsection (j) filed by the Department of Health Services with the Secretary of State on 6–16–88 as an emergency; effective 7–1–88, Submitted to OAL for printing only pursuant to Government Code Section I 1343.8 (Register 88, No. 27).
- Certificate of Compliance as to 6-16-88 order transmitted to OAL 10-19-88 and filed I I-18-88 (Register 88, No. 48).
- Amendment filed 8-7-91 by the Department of Health Services with the Secretary of State, operative 8-7-91. Submitted to OAL as an emergency for printing only pursuant to Health and Safety Code section 309 (Register 9 1, No. 50).
- Amendment of section and NOTE filed 6-14-96 as an emergency, operative 6-14-96. Submitted to OAL for printing only pursuant to Government Code section 11343.8 (Register 96. No. 24).
- 6. Editorial correction of HISTORY 5 (Register 97. No. 12).
- 7. Amendment of subsections (a).(c),(d)(l) and (d)(2), repealer of subsection (e). subsection relettering, and amendment of newly designated subsection (g)(l) filed 3-1 4-97 by the Department of Health Services with the Secretary of State; operative F-14-97. Submitted to OAL as an emergency for printing only pursuant to Health and Safety Code section 125000 (Register 97. No. 12).

# § 6529. Program Participation Fee.

- (a) The Department shall collect an all-inclusive program participation fee for each screening service program. The fee for maternal serum alpha fetoprotein screening service for neural tube defects only shall be fifty-seven (57) dollars. The fee for maternal serum alpha fetoprotein and one or more additional analytes screening service for NTD and Down Syndrome shall be one hundred and fifteen (115) dollars. The fee shall be paid to the Department by the woman being tested or hy any third party which is legally responsible for her care incodingany health care service plan. managed health care plan. managed care plan, prepaid health plan or prepaid group practice health care service plan as defined in or licensed
- cordance with Health and Safety Code sectitm 1340 et seq.

  ) Health care providers which contract with a prepaid group practice health care service plan that annually has at least 20,000 births among its

health care service plan that annually has at least 20,000 births among its membership. may provide, without contracting with the Department, any or all of the testing and counseling sew ices required to he provided under this section. if the services meet quality standards established by the De-

partition and the pain pays dea portion of a fee established under this section which is directly attributable to the Department's cost of administering the testing or counseling service and any required testing or counseling services provided by the state for plan members during the previous fiscal year. This option must be executed under terms of a written agreement. Payment by the plan shall be deemed to fulfill any obligation the provider or the provider's patient may have to the Department to pay 3 fee in connection with the testing or counseling service.

Non Authority cited: Sections 125070 and 125000(h)(j), Health and Safety Code. Ref irence Sections 125000(h), 125005, 125050, 125055, 125060 and 125065, Health and Safety Code.

# HISTORY

- New section filed by the Department of Health Services on 4-7-86 as an emergency; effective upon filing, Submitted to OAL for printing only pursuant to Government Code section I 1343.8 (Register 86, No. 16).
- Amendment of subsection (a) filed by the Department of Health Services with the Secretary of State on 6-16-88 as an emergency: effective 7-1-88. Submitted to OAL for printing only pursuant to Government Code section 1 1343.8 (Register RR. No. 27).
- Certificate of Compliance as 10 6–16–88 order transmitted to OAL 10–19–88 and filed 1 I-18-88 (Register XX. No. 48).
- 4. Amendment tiled R-7-9 I by the Department of Health Sew ices with the Secretary of State; operative 8-7-91. Submitted to OAL as an emergency for printing only pursuant to Health and Safety Code section 309 (Register 91, No. 50).
- 5. Amendment of subsection (a) filed 6-30-92 with Secretary of State by the Department of Health Services; operative 7-1-92. Submitted to OAL as an emergency for printing only pursuant to Health and Safety Code sections 289.7(b) and 309(h) (Register 92, No. 27).
- 6. Certificate of Compliance as to 6-30-92 or&r transmitted to OAL 10-20-92 and filed 11-20-92 (Register 92, No. 47).
- 7. Editorial correction of HISTORY 5. (Register 92, No. 47).
- 8. Amendment of subsections (a) and (b) and amendment of NOTE filed 6-6-97 as an emc rgency; operative 6-6-97 (Register 97, No. 24). This regulatory action is deemed an emergency exempt from OAL review and was fike directly with the Secretary of State pursuant to Health and Safety Code sections 1 25000(h) and 125070(b). These amendments shall remain in effect until revised or repealed by DHS pursuant to Health and Safety Code sections 125000(j) and 125070(c).

# §6531. Reporting of Neural Tube Defects.

- (a) All cases of neural tube defect in a fetusoran infant under one year of age shall be reported to the Department. Neural tube defects shall mean any malformation of the fetus caused by the failure of the developing spine and skull to properly close.
  - **(b)** This report shall be made:
  - (I ) By the health facility in which the case is initially diagnosed;
- (2) By the physician making the initial diagnosis if **the** case is not diagnosed in a **health** facility:
  - (3) Within 30 calendar days of the initial diagnosis:
- (4) On the form to be provided by the Department for this purpose. Note: Authority cited: Section 289.7. Health and Safety Code. Reference: Section 289.7. Health and Safety Code.

# HISTORY

1. New section tiled by the Department of Health Services with the Secretary of State on 10-9-85 as an emergency; effective upon filing. Submitted to OAL for printing only pursuant to Government Code Section I 1243.8 (Register 85. No. 45).

# 3 6532. Reporting of Chromosomal Disorders.

- (a) All cases of Down's syndrome a other **chromosomal** defects in a fetus **or** an infant under one year of age shall be reported **to** the **Department**. Chromosomal defects shall mean any abnormality in structure or number of chromosomes.
  - (b) This report shall be made:
- ( I) by the **cytogenic** laboratory performing the chromosomal analysis or by the physician making the diagnosis:
  - (2) within 30 calendar days of the initial diagnosis:
  - (3) on a form to he provided by the **Department** for this purpose.

Note: Authority cited: Section 309, Health and Safety Code, Reference: Section 309, Health and Safety Code.

# HISTORY

1. New section filed by the Department of Health Services with the Secretary of State on 2-24-89 as an emergency, operative on 3-1-89. Submitted to OAL for printing only pursuant to Government Code Section | 1343.8 (Register 89. No. 10).

Page 94 Reguler 97, No. 24: 6-13-97

(5) signs a vendor agreement to provide such services in accordance with Department policies including a fee schedule published by the Department entitled: Vendor Agreement March I. 1996, and incorporated by reference in these regulations. The Department may obtain and provide reimbursement for any or all follow-up services authorized as the result of MS-AFP screening from any or all such approved vendors Note: Authority cited; Sections I 25000 and I 25070, Health and Safety Code. Reference: Sections I 24975–125050 and I 25070, Health and Safety Code.

### HISTORY

- 1. New article 2 (sections 6521-6529, not consecutive) filed by the Department of Health Services with the Secretary of State on 4-7-86 as an emergency, effective upon filing. Submitted to OAL for printing only pursuant to Government Code section 1 1.343.8 (Register X6. No. 16).
- Amendment of subsection (h) filed by the Department of Health Services with the Secretary of State on 6-16-88 as an emergency; effective 7-1-88. Submitted to OAL for printing only pursuant to Government Code section 11343.X (Register X8. No. 27).
- 3. Certificate of Compliance as to 6-16-88 order transmitted to OAL 10-19-88 and filed I I-18-88 (Register 88, No. 4X).
- 4. New subsections (n)—(n)(3) and amendment of NOTE filed 4-20-92 as an emergency; operative 4-20-92 (Register 92. No. IX). A Certificate of Compliance must be transmitted to OAL 8-1 8-92 or emergency language will be repealed by operation of law on the following day.
- Certificate of Compliance as to 4-20-92 order transmitted to OAL 8-1 7-92 and filed 9-28-92 (Register 92. No. 40).
- Amendment of subsection (n)(1). new subsections (n)(2) and (n)(4). subsection renumbering and amendment of Note filed 10-1-92 as an emergency; operative 10-1-92 (Register 92. No. 40). Submitted to OAL for printing only pursuant to Government Code section 11343.8.
- 7. Certificate of Compliance as to 10-1-92 order filed 3-3-92 (Register 93, No. 10).
- X. Amendment of section and NoTE filed 6-14-96 as an emergency; operative 6-14-96. Submitted to OAL for printing only pursuant to Government Code section 11343.8 (Register 96, No. 24).
- Y. Editorial correction of History 8 (Register 97, No. 12).
- 10. Amendment of subsection (p)(1) filed 3-14-97 by the Department of Health Services with the Secretary of State; operative 3-14-97. Submitted to OAL as an emergency for printing only pursuant to Health and Safety Code section 125000 (Register 97, No. 12).

# § 6523. Expanded AFP Prenatal **Birth** Defects Screening Laboratories and Analytical Methods.

- (a) The Department shall approve Expanded AFP prenatal birth defects screening laboratories. Such laboratories shall be licensed as clinical laboratories under Divisitm 2, Chapter 3 (commencing with Section 1200) of the Business and Professions Code.
- (b) Approved Expanded AFP prenatal birth defects screening labora tories shall be limited to the following:
- (1) A laboratory that shall have obtained a contract from the Department under applicable laws and regulations to provide laboratory services in sufficient volume to provide the prenatal birth defects screening test to all pregnant women in a designated geographic areadefited by the Department. plus an emergency testing capacity that will be specified by contract. The Department will define not more than 6 geographic areas and may combine geographic areas if necessary to reduce costs or assure statewide coverage.
- (2) A laboratory exclusively serving a comprehensive prepaid group practice or health care service plan with 25,000 or more births in the last completed calendar year for which complete statistics are available may be approved for testing consistent with the terms of a mutually acceptable contract for services.
- (c) Expanded AFP prenatal birth defects screening laboratories ap proved by the Department shall comply with all laboratory standards for quality assurance issued by the Department and shall participate in a proficiency testing program approved and/or conducted by the Department and shall maintain levels of performance acceptable to the Department.
- (d) Analytical methods **to be** used **in** the measurement of each analyte **concentration** in maternal serum shall be designated and/or approved by **the** Department.

- (e) Analytical methods to be used in the measurement of the analyte concentration in amniotic fluid, and other adjunctive tests performed on amniotic fluid shall be designated and/or approved by the Department. Notic Authority cited: Sections 125000(e) and 125070, Health and Safety Code. Reference: Sections 124980, 125000(e) and 125070, Health and Safety Code.
- New section filed by the Department of Health Services with the Secretary of State on 4-7-86 as an emergency: effective upon filing, Submitted to ()AL for printing only pursuant to Government Code Section 1343.8 (Register 86, No. 16).
- 2 Amendment of section heading section and Non: filed 6-14-96 as an emergency; operative 6-14-96. Submitted to OAL for printing only pursuant to Government Code section 11343.8 (Register 96, No. 24)
- 3. Editorial correction of History 2 (Register 97. No. 12).
- 4. Repeal of subsections (b)(3) and (f) filed 3-14-97 by the Department of Health Services with the Secretary of State: operative 3-14-97. Submitted to OAL as an emergency for printing only pursuant to Health and Safety Code section 125000 (Register 97. No. 12).

# § 6525. Prenatal Diagnosis Centers and Laboratories.

The Department shall approve prenatal diagnosis centers and prenatal diagnosis methods and Expanded AH' Birth Defect Screening Laboratories and laboratory methods and shall institute such quality control and proficiency testing as is necessary to assure the accuracy of testing. No laboratory shall offer or provide prenatal birth defect screening diagnostic tests on California residents without having obtained prior approval from the Department.

Note: Authority cited: Sections 125050, 125055 and 125070, Health and Safety Code. Reference: Sections 124980, 125000 and 125070. Health and Safety Code. History

- 1. New section tiled by the Department of Health Services with the Secretary of State on 4-7-86 as an emergency: effective upon filing. Submitted to OAL for printing only pursuant to Government Code Section 11343.8 (Register 86, No. 16).
- Amendment of section heading, section and NOTE filed 6-14-96 as an emergency; operative 6-14-96. Submitted to OAL for printing only pursuant to Government Code section 1 1343.8 (Register 96. No. 24).
- 3. Editorial correction of HISTORY 2 (Register 97. No. 12).

# § 6527. Clinicians.

- (a) Clinicians shall provide or cause to be provided to all pregnant women in **their care before the 140th day of gestation, or before** the 126th day from conceptiat, as estimated by medical history or clinical testing, information regarding **the** use and availability of prenatal screening for birth defects of the fetus. This information **shall be in a format to be pro**vided or approved by the Department and shall be given at the **first** prenatal visit and discussed with each pregnant woman.
- **(b)** The provisions of subsection (a) shall not apply if the pregnant woman has completed **more** than 140 days of gestation or 126 days **post** conception. as estimated by medical history or clinical testing. and this fact is entered **in** the medical record.
- (c) Clinicians shall cause to be provided to all pregnant women who. after being provided with the **information** pursuant tosubsection (a). **voluntarily** request prenatal screening for birth defects of the fetus, **the opportunity**, the circumstances of which are to be **documented** in the **medical** record. to read and sign an informed **consent** document in a format provided or approved by the **Department**.
- (d) If the pregnant woman consents to testing, the clinician shall arrange for prenatal screening directly or by referral to another clinician by:
- (I) Fully and accurately completing all required specimen collection forms provided by the **Department** for this **purpose**;
- (2) Collecting or arranging for the collection of an initial specimen following state directions for collection provided;
- (3) As soon as possible, but within 24 hours of collection, place or cause to be placed all initial and repeat specimens in the channel of transmittal to the designated Expanded AFP prenatal birth defects screening laboratory.
- (c) **Blood** collection forms and **blood** collection and mailing kits supplied by the Department shall not be copied, printed, reproduced, acquired, purchased, substituted or distributed other than as **specified** for use in the Expanded **AFP** Prenatal Birth Defects **Screening** Program administered by the Department.

70 61 Register 97 No. 24, 6-13-97

# **DEPARTMENT OF HEALTH SERVICES**

i4/744 P Street P. 0. Box 942732 Sacramento, California 94234-7320 (916) 654-8076



# July 28, 1998 MMCD ALL PLAN LETTER 98-06 RECEIVED

JUL 3 1 1998

TO:

All Managed Care Plans

JACKIE SKAGGS

SUBJECT:

CALIFORNIA CHILDREN SERVICES NUMBERED LETTERS 01-0298

AND 09-0598

Please **find** enclosed for your information two California Children Services (CCS) numbered letters **(NL)** which are directed to County CCS programs.

NL 01-0298 describes CCS' policy for authorization of automobile orthopedic positioning devises for CCS eligible children. NL 09-0598 describes CCS' policy for authorization of Early and Periodic Screening, Diagnosis and Treatment Supplemental Services request, including hourly nursing.

These letters are being sent for your information only to help you remain current regarding CCS authorization procedures and to facilitate care coordination efforts between managed care plans and CCS.

Sincerely,

Ann-Louise Kuhns, Chief

Medi-Cal Managed Care Division

Susame Hughes for

Enclosure

# DEPARTMENT OF HEALTH SERVICES

3x 942732 SAUHAMENTO CA 94234-7320 (916) 654-0832 (916) 654-0476 TDD Relay

February I 1. 1998

N.L.: 01-0298

Index: Durable Medical Equipment

TO:

All California Children Services (CCS) County Program Administrators. Medical Consultants, Chief/Supervising Therapists. Medical Therapy Units. State Regional Office Administrators. Medical and Therapy Consultants

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DURABLE MEDICAL EQUIPMENT (DME) GUIDELINES ADDENDUM: AUTOMOBILE ORTHOPEDIC POSITIONING DEVICES (AOPDS)

# Introduction

SUBJECT:

CCS authorizes purchase of DME items that are medically **necessary** to treat a child's CCS-eligible medical condition. If the child is a Medi-Cal-eligible beneficiary, the CCS program authorizes DME that is deemed medically necessary and is a benefit of the general **Medi-Cal** program: or if the DME is not a general Medi-Cal program benefit, may request authorization as an Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) supplemental service.

The CCS DME Guidelines were established it, 199, to provide criteria for purchase of DME-Rehabilitation items that are considered medically necessary benefits of the CCS program. In those guidelines. AOPDs, or non-standard (commercially available) car seats and harness/vests, were categorized as items that could be useful for the family, but were not considered medically necessary CCS benefits. CCS now recognizes there are instances when these items would be medically necessary to treat the child's CCS-eligible condition.

# <u>Policy</u>

Effective the date of this letter. AOPDs are a benefit of the CCS program when they meet the criteria applicable to the item listed in the enclosed addendum to the DME guidelines. CCS will not authorize the purchase of standard. commercially available car seats or vests/harnesses that are required by California state law for children are under 4 years of age and under 40 pounds. If the child is Medi-Cal eligible, the request must be submitted as an EPSDT supplemental services request in order for the equipment to be reimbursable by Medi-Cal.

All California Children Services (CCS) County Program Administrators. Medical Consultants. Chief/Supervising Therapists. Medical Therapy Units. State Regional Office Administrators. Medical and Therapy Consultanrs

Page 2

February 11. 1998

# Policy Guidelines

Requests for AOPDs must be reviewed and approved by the county CCS program medical consultant or designee or the state CCS regional office therapy consultant prior to authorization. Request for authorizations must be accompanied by a current prescription. a current medical report-that justifies the medical necessity of the item, and a physical therapy and/or occupational therapy assessment that addresses the criteria in the DME guidelines for the item.

If you have any questions regarding this change in **policy**, please contact Jeff Powers at (916) 657-0834. Thank you for your attention to this matter.

Maridte A. Gregory, M.D.. Chief Children's Medical Services Branch

Enclosure

CCS Guide For Purchase Ot Durable Medical Equipment

# Automobile Orthopedic Positioning Devices (AOPD) Car Seats Harnesses

Equipment	Medical Necessity	Criteria	Related Considerations
Automobile Orthopedic Positioning Devices (AOPD)			CCS will purchase only 1     AOPD over a lifetime.
Car seats	Requires maximal to moderate postural suppon to maintain a safe sitting position during transportation	Child must be over 4 years of age and either over 40 pounds or over 40 inches in length. and must meet one of the following criteria:  1) Has moderate-minimal trunk control sitting ability, moderate to minimal lateral head control and requires total postural support  2) At risk for breathing complications as a result of poor trunk control or alignment  3) Presence of a skeletal deformity requiring total postural suppon for safe transportation	The child's length, width or physical deformity precludes use of a commerctally available car seat  A harness or vest will not provide the child with enough stability to remain in proper alignment or allow for safe transport  Child cannot be transported in wheelchair because the family does not own appropriate vehicle to allow this.
larnesses Vests	Same as car seats	ihild must be over 4 years of age and either over 40 pounds of over 40 inches in length and meets one of the three criteria for car seats, or due to deformity or surgical corrections must be nanspotted in other than an upright position.	The childs' physical deformity of trunk instability precludes use of a standard seat belt or commerctally available vest or harness. A standard seat belt or commercially available vestharness will not provide the child with enough stability to remain in proper alignment or allow for safe transport. Child cannot be transported in wheelchair because the family does not own appropnate vehicle to allow this

# **DEPARTMENT OF HEALTH SERVICES**

1/744 P STREET
...J. BOX 942732
SACRAMENTO, CA 94234-7320

(916) 653-3480

(916) 654-0476 TDD/Relay

N.L.: 09-0598

May 26, 1996 Index: EPSDT Supplemental

Services

Subject: Eatiy and Periodic Screening,

Diagnosis, and Treatment (EPSDT) Supplemental

Services (SS)

TO:' California Children Services (CCS) Program Administrators, Medical Consultants,

CCS Regional Office Medical Consultants, and CCS State Program Consultants,

and Nurse Consultants

SUBJECT: EARLY AND PERIODIC SCREENING, DIAGNOSIS, AND TREATMENT (EPSDT)

SUPPLEMENTAL SERVICES (SS)

The purpose of this numbered letter is to clarify the procedure for EPSDT SS requests for those CCS medically-eligible children who are **Medi-Cal**, full scope, no share of cost.

# ALL EPSDT SS REQUESTS EXCEPT HOURLY NURSING SERVICES

ALL EPSDT SS requests for a **CCS-eligible** child with **Medi-Cal**, full scope, no share of cost, with the exception of requests for long term hourly nursing services in the home, are to be sent to:

EPSDT SS Coordinator Children's Medical Services Branch 714 P Street, Room 350 P.O. Box 942732 Sacramento, CA 94234-7320 Office: (916) 654-0499

FAX: (916) 654-0501

Enclosed are all the forms necessary to submit an EPSDT SS request. Please remember that the *EPSDT SS WORKSHEET* must accompany each request. The check-off lists are for CCS staff to use in preparing the request. The other forms are provider forms and must be completed by the provider and returned to the local county CCS program. When preparing an EPSDT SS request, please refer to California Code of Regulations, Title 22, Division 3, Health Care Services, Sections 51184, 51340, 51242, and 51013. Section 51340(e) specifically addresses the type of documentation that must be submitted with a request. When the CCS program has gathered all the necessary information to support the EPSDT SS request, the request may be submitted to the EPSDT SS Cocrdinators at the State CMS office.



California Children Services (CCS) Program Administrators, Medical Consultants, CCS Regional **Office** Medical Consultants, and CCS State Program Consultants, and Nurse Consultants Page 2
May **26**, **1998** 

# **EPSDT SS HOURLY NURSING SERVICE REQUESTS**

All requests for EPSDT SS long term hourly or shift nursing services in the home are to be submitted by the **provider** on the format prescribed by Medi-Cal to:

In-Home Operations Intake Unit 1801 Seventh Street P.O. Box 942732 Sacramento, California 94234-7320 (916) **324-5940** FAX (916) 324-0297

The In-Home Operations Unit does the review and determination for EPSDT Supplemental Services long term hourly nursing services in the home and continues to do case evaluation for the Waiver Services such as the In-Home Medical Care Waiver, Nursing Facility Waiver, and the Model Waiver.

If you have any questions, please contact Sally Paswaters, R.N., at (916) 653-8784, or Galynn **Plummer-Thomas**, R.-N., at (916) 6533480.

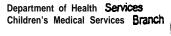
Maridee A. Gregory, M.D., Chief Children's Medical Services Branch

Trestil H. Lynn

**Enclosures** 

# **Enclosures**

- A. EPSDT SS WORKSHEET (which must accompany each EPSDT SS request)
- B. EPSDT SUPPLEMENTAL BENEFITS REQUEST FOR AUDIOLOGY SERVICES
- C. EPSDT SUPPLEMENTAL SERVICES REQUEST FOR MEDICAL FOODS
- D. EPSDT SUPPLEMENTAL SERVICES REQUEST FOR MEDICAL NUTRITION ASSESSMENT.
- E. EPSDT SUPPLEMENTAL SERVICE REQUEST FOR MEDICAL NUTRITION THERAPY
- F. PULSE OXIMETER PROVIDER FORM
- G. PULSE OXIMETER CHECK LIST
- H. OCCUPATIONAL THERAPY REQUEST DOCUMENTATION CHECKLIST
- I. DURABLE MEDICAL EQUIPMENT REQUEST DOCUMENTATION CHECKLIST
- J. REQUEST FOR MENTAL HEALTH ASSESSMENT ONLY and the REQUEST TO PROVIDE TREATMENT
- K. MEDICAL OPERATIONS DIVISIONS DEFER THE TAR TO REFER TO CCS
- L. MEDI-CALOPERATIONS DIVISION HEADS UP LETTER TO CCS THAT A PROVIDER HAS BEEN REFERRED TO OBTAIN THE SERVICES FROM CCS





# CHILDREN'S MEDICAL SERVICES (CMS) BRANCH CALIFORNIA CHILDREN SERVICES (CCS) PROGRAM

# EARLY AND PERIODIC SCREENING. DIAGNOSIS, AND TREATMENT (EPSDT) SUPPLEMENTAL **SERVICES** (SS) WORKSHEET

TO BE FILLED IN BY CMS CENTRAL OFFICE

Patient Name:		DOB:		
Patient Name: (Last, F	irst, Middle Initial)	CCS Number:		
Social Security Number:	.ce:	di-Cal <b>Number:</b>		
-		Request:		
ccs medically Eligible cond	ICTON RETALED TO EASON 22	Request.		
<b>IPSDT</b> SS Requested:				
[f Applicable, Include Freq	uency and/or Duration of El	PSDT SS:		
If Applicable, Indicate Cost	<b>of</b> Supply, <b>Product,</b> or E	quipment:		
Date This EPSDT SS Request	Was Received in Your CCS O	ffice:		
las County already authoriz	ed this request?, Yes	No Dates:		
<b>(s</b> This Request a Renewal c	of a Previously Authorized E	PSDT SS? Yes 🔲 No 🔲		
		SS:		
-	w e '1		Yes	No
L EPSDT SS request is to If no, attach justificat:		ion/or complication thereof?		0
2. EPSDT SS is a Medi-Cal b	_		0	0
3. EPSDT SS is a CCS benefit?		0	0	
4. Provider requesting to p	provide EPSDT SS is an enro	olled Medi-Cal provider?	0	0
5. Provider requesting to provide EPSDT SS is a CCS paneled provider?		0	0	
6. Provider requesting to provide EPSDT SS is employed by an enrolled Medi-Cal provider?		0	0	
7. Is there alternative care which is <b>less</b> costly than the EPSDT SS?		0	u	
• •	ive care and its cost:		0	0
8. Is patient an In-Home Op	perations client?		<u> </u>	U
County Recommendation(s):	Central Office Decision:	To Be Filled in By		
		<u>Central</u> Office	•	
		Committee (Comm) Code:		
		Date Presented to Comm: _		
Ву:	Ву:	Comm Decision Code:		
Phone #:	Phone #:	Comm Decision Date:		
Date:  Date County Notified:				
Date:		Consultant Code:		

- Mail or Fax the required documents listed below to:

  + EPSDT SS Worksheet

  + Supporting documentation that describes how the EPSDT SS request meets the definition of Section 51340(e), TITLE 22.
  Form for specific EPSDT SS category, completed by
- providers, for nutrition, pulse oximeter, mental health, dental, and audiology services.

Children's Medical Services Branch **EPSDT Coordinator** 714 P Street, Room 350 P.O. Box 942732

Sacramento, CA 95814
Office: (916) 654-0499 or (916) 654-0832
\(\chi\): (916) 654-0501

MEDI-CAL EPSDT SUPPLEMENTAL SERVICES, REQUEST (Audiology services, cochlear implant, ALDs and nonconventional hearing aids)
(CCS NOTE: Include this form with the CCS EPSDT request form.)

	. DATE OF REQUES	T:
NAME:	DOB:MEDI-CAL#	<u> </u>
SUMMARY OF CONDIT	TIONS FOR THIS REQUEST:	
Primary diagnosis:		
	Etiology:	
Functional impairment(s):_		
Otological: Audiological: Amplification: Education Placement:	mode:	
	on:gram/treatment enrollment:	
PATIENTYFAMILY EXE	PECTATIONS:	
PRIOR TREATMENT FOR	R THIS CONDITION:	
WHY ARE -AL SE	ERVICES NEEDED?:	
TREATMENT PLAN: Specific services or device	requests:	

	EPSDT REVIEWER
RESPONSE DATE: BY	7:
ADDITIONAL INFO NEEDED:	
DATE RECEIVED:	DATE REVIEWED:
OR OFFICIAL? USE:	
Requested <b>By-and</b> Facility Name)	(Medi-Cal Provider Number to be authorized)
Facility)	
Name)	
-	e reports to support request. 4. <b>Previous</b> treat- 6. Other <b>useful information</b> for <b>EPSDT</b> review.
	rvices (if old CCS case). 2. Audiological report to
NCLOSURES REQUIRED:	
low will this supplemental treatment	augment current treatment?
<u>.</u>	
Expected outcomes:	
This plan <b>differs from</b> previous treatmen	nt because

Diag	mosis of bilateral deafness, established by audiologic and medical evaluation
	Enclose current reports of audiological evaluation, current audiogram, the m
	and model of hearing aid(s), electro-acoustic hearing aid data, and hearing aid
	performance (unaided vs. aided) thresholds.
	ANSWER (YES/NO) to the following:
	<b>Is</b> hearing loss greater than 90-95 <b>dB</b> HTL in the better ear?
	Are aided better ear hearing thresholds above 1000 Hz poorer than <b>50 dB HT</b>
	Are hearing aids used consistently? All waking hours?
	Is speech <b>discrimination</b> for simple sentences and words less than 30%?
	_ is specell and analysis for simple sentences and words less than 50 %.
	itive ability to use auditory cues:
	Does the child cooperate during clinic visits?
	Does child comprehend <b>speech/signing used</b> during your interaction?
	_ Does child understand and respond to commands:?
	Does child-use situational cuing for understanding?
	_ Is child aware of speech as communication medium?
	Does child include expression (facial or body language) in communication?
	Does child use voice without signs for communication?
	Does child attempt to use oral communication?
	Does play interactively with other children and/or family members?
	Is child considered Immature, dependent on others to initiate action?
	Do parents comply with clinical recommendations for carry over in the home
	obtain maximum use of amplification and for <b>keeping</b> appointments?
	Are parents aware that there is an external device worn with <b>cochlear</b>
	implant unit?
	Are parents informed of <b>all</b> options available to deaf children?
	Are parents informed of <b>an</b> options available to dear children:
Comn	nent:
	der's assessment of: Motivation of candidate and/or commitment of family/ca
givar/	(s) to undergo a program of prosthetic fitting and long-term rehabilitation.
givei(	s) to undergo a program of prostnetic fitting and long-term renabilitation.
Provi	der's assessment of Realistic expectations of the candidate and/or family/
careg	river(s) for post implant educational/vocational rehabilitation as appropriate
	1 1
Provi	der's assessment of the child's cducational program:
Provi	der's assessment of the chiid's individual aural ( <b>re)habilitation</b> program:

Additional Comments:
Name, address and telephone number of child's educational program:
Feacher's Name:
Name of private setting and clinician and telephone number (if appropriate):-

**"**;

# Early, Periodic Screening, Diagnosis and Treatment Supplemental Services PROVIDER REQUEST FOR <u>MEDICAL FOODS</u> (as defined on the back)

**rrovider**: Please complete the following information and attach *readable* copies of current history and physical, progress notes, laboratory reports, anthropometric data/growth grids, or any other information that supports the request. Omission of information may result in a deferral or denial of the request.

	<u>'</u>	<del></del>	DATE OF YOUR REQUEST:
PROVIDER OF MEDICAL NUTRITION Registered Dietitian	THERAPY:	PRESCRIBED BY	
Address		Address	
Phone		Phone	
Medi-Cal Provider Number (ii billed throu	gh <b>the RD)</b>	Medi-Cal Provider	Number (if billed to outpatient clinic)
	PATIEN	TINFORMATIC	NC.
Patient Name		Date of Birth	County of Residence
Medi-Cal Number (or Social Security Nu	mber)	CCS Number	
SERVIC	E REQUEST AND JUSTIFIC	ATION (attack	additional pages as needed)
A copy of the nutritional a	ssessment and treatrnent'planuest for Service form, or a Treat	n done by a CC	ecific Medical Foods is attached.  CS paneled registered dietitian (RD) is attached.  Exation Request (TAR) if you are a <b>Medi-Cal</b> provider
Principle Diagnosis	Significant Associated Diagnosis	D	ate of Onset, Etiology if known
Prognosis			
Clinical significance or functional impairm	nent(s)		
Significant Medical History (remember to	attach appropriate medical records to	support <b>you</b> request	. Describe what services am being provided by the physician)
			'
			•
Medical justification for specific dietary r	nanagement of a diise or condition for v	which specific nutrition	onal requirements exist (guidelines on the back):
Provide documentation the contraction of the c	nat includes: <b>V</b> type of med	lical food(s)	cost of each medical food, ✔ total amount of each
			uthorization, ✓ name of the pharmacy which will
-	•	-	hich are snack foods (≤ 10% of the total cost limit)
M vou have dues	Submit to the local CCS		di-Cal fleld office.

# Early, Periodic Screening, Diagnosis and Treatment Supplemental Services INFORMATION ABOUT REQUESTING MEDICAL FOODS

# Medical foods are replacement food products which are:

- ✓ Specially formulated to be consumed or administered enterally;
- ✓ Intended for the specific dietary management of a disease or **condition** for which specific nutritional requirements exist:
- ✔ Prescribed as medically necessary by a California Children's Services paneled physician;
- ✔ Purchasable only through a pharmacy;
- ✓ Required in place of food products used by the general population;
- ✓ Are safe for the individual **EPSDT-eligible** beneficiary and are not experimental;
- ✓ Generally accepted by the professional medical community as effective and proven treatments for the condition for which they are proposed to be used (scientific evidence published in peer-review journals).

# When justifying the <u>medical <u>necessity</u> for specific dietary management of a disease or condition for which <u>specific</u> nutritional requirements exist, include in your **statement**:</u>

- ✓ The necessity for the medical foods to treat or ameliorate the beneficiary's medical condition;
- ✓ The reason food products used by the general population cannot be used for the medical condition;
- ✓ Documentation that the food products are specially formulated for the **specific** dietary management of a disease or condition for which specific nutritional requirement exist;
- ✓ Documentation that they are not **requested** solely for the convenience of the beneficiary, family, physician, or other provider of services.
- ▶ Documentation that the medical food products are the most cost-effective, medically accepted mode of treatment available and that they improve the overall health outcome as much as, or more than, the established alternatives.

# Here is a sample list for medical food products for a child with phenylketonuria (PKU):

Medical Food Product	Product Code	Package Amt	Unit Cost	# of Units for 6 mo	TOTAL COS
dp Baking <b>Mix</b>	DPBM0604	4 lb bag	<b>\$</b> 15.00	4	560.00
Low prc cookies .	xxxxxxx	<b>16 oz</b> box	\$5.00	1	\$5.00 -
. Snack foods are 7% of the Total Cost (s 10 %) TOTAL COST			\$65.00		

# Early, Periodic Screening, Diagnosis and Treatment Supplemental Services PROVIDER REQUEST FOR <u>MEDICAL NUTRITION ASSESSMENT</u>

Provider: Please complete the following information and attach readable copies of current history and physical, progress notes, laboratory reports, anthropometric data/growth grids, or any other information that supports the request. Omission of information may result in a deferral or denial of the request.

	·	_	DATE OF YOUR REQUEST:   /
PROVIDER OF SERVICES:		PRESCRIBED BY:	
Registered Dietitian		Health Care Provider	
		Addassa	
Address		Address	
		Dhama	
Phone		Phone	
Medi-Cal Provider Number (if billed through the F	RD)	Medi-Cal Provider Numb	er (ii billed to outpatient clinic)
	•••••	elen i mangumpi Amerikansa	
The second secon	PATIENT IN	FORMATION	
Patient Name		Date of Birth	County of Residence
na n			
Medi-Cal Number (or Social Security Number)		CCS Number	
SERVICE DE	QUEST AND JUSTIFICATI	ON (attach additi	onal nages as needed)
SERVICE RE	accorations intern	CIT (attact) addit	Onal pages as incostal
A written signed request by the	national physician for mad	ical <b>autolica</b> casas	amont is attached
A written, signed request by the			
•	r <b>Service</b> form, or a Treatme	ent Authorization R	equest (TAR) if you are a <b>Medi-Cal</b> provider
requesting fee-for-service.			
vciple Diagnosis	Significant Associated Diagnosis		Date of Onset, Etiology if known
Prognosis			
Prognosis			
Prognosis  Clinical significance or <b>functional</b> impairment(s)			
Clinical significance or <b>functional</b> impairment(s)			
Clinical significance or <b>functional</b> impairment(s)	ppropriate medical records to suppo	rt your request. Describe	what services are being provided by the physician.)
Clinical significance or <b>functional</b> impairment(s)	ppropriate medical records to suppo	rt your request. Describe	what services are being provided by the physician.)
Clinical significance or <b>functional</b> impairment(s)	ppropriate medical records to suppor	rt your request. Describe	what services are being provided by the physician.)
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Clinical significance or <b>functional</b> impairment(s)	ppropriate medical records to suppo	rt your request. Describe	what services are being provided by the physician.)
Clinical significance or functional impairment(s)  Significant Medical History (remember to attach a		rt your request. Describe	what services are being provided by the physician.)
Clinical significance or <b>functional</b> impairment(s)		rt your request. Describe	what services are being provided by the physician.)
Clinical significance or functional impairment(s)  Significant Medical History (remember to attach a		rt your request. Describe	what services are being provided by the physician.)
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Clinical significance or functional impairment(s)  Significant Medical History (remember to attach a		rt your request. Describe	what services are being provided by the physician.)
Clinical significance or functional impairment(s)  Significant Medical History (remember to attach a	ssment		
Clinical significance or functional impairment(s)  Significant Medical History (remember to attach a	ssment		
Clinical significance or functional impairment(s)  Significant Medical History (remember to attach a	ssment		

# Early, Periodic Screening, Diagnosis and Treatment Supplemental Services PROVIDER REQUEST FOR MEDICAL NUTRITION THERAPY

**Provider: Please** complete the following information and attach *readable* copies of current history and physical, progress notes, laboratory reports, anthropometric data/growth grids, or any other information that supports the request. Omission of information may result in a deferral or denial of the request.

		DATE OF YOUR REQUEST:
PROVIDER OF SERVICES: Registered Dietitian	PRECRIBED BY: Health Car.9 Provide	dor
registered Clauden	Freatth Car.9 Frovio	Je!
Address	Address	
Phone	Phone	
Medi-Cal Provider Number (ii billed through the RD)	Medi-Cal Provider N	Number (if billed to <b>Outpatient clinic</b> )
		•
PATIENT IN	FORMATION	
Patient Name	Date of Birth	County of Residence
Medi-Cal Number (or Social Security Number)	CCS Number	1
The second of th	14ullibei	
SERVICE REQUEST AND JUSTIFICATI	ON (attach add	ditional pages as needed)
A written, signed prescription by the physician for medical r	nutrition therapy	is attached.
☐ Attach either a CCS Request for Service form, or a Treatme	nt Authorization	Request (TAR) if you are a Medi-Cal provider
requesting fee-for-service.		
ப் A copy of the nutritional assessment done by a registered	dietitian (RD) is	attached.
☐ A <b>nutritional</b> plan of treatment, including therapeutic goals	•	
_	•	
Parenfflegal guardian and/or patient agree(s) to cooperate	with the propos	sed medical nutrition therapy.
Principle Diagnosis Significant Associated Diagnosis		Date of Onset, Etiology if known
Prognosis		
Clinical significance or functional impairment(s)		
Significant Medical History (remember to attach appropriate medical records to support	rt your request. Des	cribe what services are being provided by the physician.)
Mediil Justification for Providing Medical Nutrition Therapy		
media Justification for Providing Medical Product (19616)		
Proming of Proming of the Standard Strandard Strandard	Oire Maretha	MALE and could
nticipated Frequency end Duration of the Medical Nutrition Therapy for a Period of (6)	SIX Months:	(% hour = 1 unit) Total Units
Submit to the local CCS pro	odi-C	al field office
If you have questions about using this form, please		

# DEPARTMENT OF HEALTH SERVICES

714/744 P STREET
3.0. Box 942732
SACRAMENTO. CALIFORNIA 94234-7320
(916) 654-0521



Dat	te:	OXIMETER INFORMATION		Initial Request ? Renewal
Pat	ient Name:		DOB.:	Age:
		TO BE <b>COMPLETED</b> BY M.D.		
Dia	gnosis (List all pertinent, be specific	c):		
Hos	spital admissions past year - give d	lates, hospital, diagnosis:		
O,r	equirement - %, flow, duration, etc.:	:		
Giv	e recent <b>oximeter</b> readings. include	range, average, and dates. Describe fluctuation(s):		
List	other monitors or alarms to be used	d. Explain why these are not sufficient:		
Evn	lain what intervention caregiver will	provide based on oximeter readings.		
Εлр	iam what intervention caregives win	provide based on oxideter readings.		
Esti	mate length of need for oximeter:			
Phy	sician's Signature	Print Name & Lice	nse	
	H. & P. and discharge sun	ient evaluations and notes, or a narrated sun nmary of most recent hospitalization, or a p DS ARE MANDATORY for consideration	progress summai	attach a copy of
	Model requested:	Brand:		
MDER	Monthly rental: \$	Provider's actual invoice purchase of	cost: S	
PRO	List the least expensive model_	available on the market:		
DME Provider	Cost of rental or purchase of t	his model:		
_	Explain why this model is <b>not</b> ad	lequate for this child:		

# EPSDTSS PULSE **OXIMETER** REQUEST CHECK LIST

EPSDT SS Worksheet
Pulse Oximeter form filled out (preferably by a Pulmonologist).
Signed physician's prescription for pulse oximeter.
History and physical or current discharge summary. Include full center report that specifically justifies the request for a <b>pulse</b> oximeter.
Documentation of significant respiratory or cardiopulnonary disease requiring continuous in-home monitoring (include frequency and readings)(basically instability).
Documentation of variable oxygen needs - requiring immediate changes by caregiver.
Oxygen settings and duration.
Is child on a ventilator in the home? If yes, how many hours per day
Current 02 saturations if machine already in the home.
What other related equipment in the home, i.e., Apnea monitor.
Explanation of why just monitoring signs and symptoms is not enough.
Explanation why periodic outpatient monitoring would not be effective.
Explanation of what interventions the caregiver will provide based on oximeter readings.
Rental vs. purchase.
Anticipated length of need.
Documentation that parent has been trained in the use of, and interpretation of reading from the pulse oximeter.
Is the child receiving licensed nursing services in the home? If so how many hours per day? Waiver or EPSDT Supplemental Nursing Services?

# EPSDT Supplemental Services Occupational Therapy Request Documentation Checklist

The purpose of the EPSDT Supplemental Services Request Documentation Checklist is to assist county CCS programs and State **CCS** Regional Offices in assembling **legible** information required for processing of an EPSDT Supplemental Services request by the designated EPSDT Supplemental Services subcommittee. Use of the **checklist** may prevent either delays in processing caused by the subcommittee's **deferral** of a request for more information or denial. Omission of applicable information on the checklist may also cause the request to be deferred or denied.

# Genera! OT services requested exceed 2x per month Patient is not receiving OT through the Medical Therapy Program Current Physician's Prescription Specific for service to be provided (by discipline) Frequency and duration of prescription identified Current Physician's Report Physical findings Addresses need for therapy intervention Identifies condition that therapy will correct or ameliorate Treatment plan identifies functional goal(s) for therapy intervention Current Occupational Therapy Report

- o Physical findings
- o Summary of **functional** deficits to be addressed by therapy
- o Patient's functional status in each area of deficit to be addressed
- Treatment plan includes functional goals to address deficits targeted by therapy assessment, and anticipated time required to achieve these goals
- o Patient/Caregiver input into the treatment plan
- o Functional outcomes/benefits of any previous therapy services

FOR CCS USE ONLY (4/3/96)

# EPSDT Supplemental Services Durable Medical Equipment Request Documentation Checklist

The purpose of the EPSDT Supplemental Services Request Documentation Checklist is to assist county CCS programs and State CCS Regional Offices in assembling legible information required for processing of an EPSDT Supplemental Services request by the designated EPSDT Supplemental Services subcommittee. Use of the checklist may prevent either delays in processing caused by the subcommittee's deferral of a request for more information or denial. Omission of applicable information on the checklist may also cause the request to be deferred or denied.

# General

- o DME item **is not** a benefit of the regular Medi-Cal program
- o DME item is a benefit of the CCS program or treats CCS eligible condition
- o Provider **information** (provider **name**, nddress, phone number, and Medi-Cal provider status/number)
- o Catalog listing, prices, description/photo of item(s)

# Current Physician's Prescription

- o Specific for DME item
- Identifies significant modifications/additions to basic item

# Current Physician's Report

- o Physical findings
- o Addresses needs for specific DME item

# Current Physical Therapy/Occupational Therapy Report

- Physical findings
- o Functional status related to DME item requested
- o Home/School/Community Accessibility Assessment (ii applicable)

The following items must be addressed in either the MD's or **PT/OT** report:

# Justification (initial item)

- Medical necessity of basic DME item
- Each addition/modification/accessory to basic **DME** item

# Justification (new/replacement/upgrade)

- o Why current item no longer meets patient needs
- o Functional opportunities new item/upgrade provides
- Medical necessity of basic DME item
- each addition/modification/accessory to basic DME item

# Comparisons (if applicable)

- What other similar DME items were considered?
- **o** Why this particular DME item was chosen over others considered.
- o Is this the most cost effective method of meeting patient needs?

Trial Period (if applicable)

Follow-Up Training (if applicable)

Meets all requirements of CCS DME Guidelines

CALIFORNIA CHILDE DATE OF INITIAL R	REN <b>SERVICES/EPS</b> TT MENTAL REQUEST: / /9 DATE OF	L HEALTH SERVICES REQUEST F ADDED REOUEST / /9
	I. CLIENT IDENTIFICAT	TION:
CLIENT NAME		DATE OF BIRTH
MED-CAL NUMBER (14 digits)		COUNTY/CCs#
	II. PROVIDER INFORMAT	FION
PROVIDER NAME		EPSDT #/MC#
PHONE NUMBER		LICENSE TYPE
ADDRESS		LICENSE #
CITY		ZIP
III. SERVICE REQUEST A	IND JUSTIFICATION (ATTACH	ADDITIONAL SHEETS IF NEEDED)
INDICATE NUMBER OF SESSIONS REQUESTED: (INDICATE GOALS FOR EACH TYPE OF SERVICE REQUESTED IN SECTION IX)	-INDIVIDUAL FAMILY GROUP  Other: TIRE NEEDED TO COMPLETE ABOVE SESSIONS= WEEKS	IF FAMILY Family therapy THERAPY will REQUESTED, INDICATE include: NAMES AND RELATIONSHIPS OF PERSONS TO BE INCLUDED
HOW WAS CHILD REFERRED AND WHY (INCLUDE AS MUCH AS IS KNOWN ABOUT PRESENTING PROBLEM-FREQUENCY CIRCUMSTANCES, ETC.)		
OTHER AGENCIES INVOLVED WITH CLIENT/FAMILY		
YOUR EXPERIENCE PROVIDING SERVICE REQUESTED TO PERSONS THE AGE OF THE CLIENT		
	IV. FUNCTIONAL IMPAIR	RMENTS
[ I HOME		
[ ] SCHOOL/WORK		
[ ] SOCIAL		-
[ ] COMMUNITY		
[ ] MEDICAL/OTHER		
Attach psychosocial reports i	if any available. than 3 evaluation sessi	ons are requested

v. HISTOR	RY OF PROBLEM	Name of Client		Pg.2	
Į					
1					
WT DDEWTO	TIG MONTON TOD T	PROBLEM & OUTCOME(S):	:.		
FROM	To	SERVICES PROVIDED/PROVIDED	BY	RESULTS OF	
FROM	10	SERVICES PROVIDED/PROVIDED		SERVICES	
	· · · · · ·				
	VII. SIGN	IFICANT FAMILY HISTORY/FAMIL	Y FUNCTIONING		
1					
VIII. DSM	DIAGNOSIS: (Give o	code & describe symptoms that	justify diagr	oses)	
		Ì			
AXIS I CI	INICAL				
AXIS 2:P	ERSONALITY				
AXIS 3: MI	EDICAL				
AXIS 4: PSYCHOSOCIA ENVIRONMENT					_
	LOBAL ADAPTIVE			CURRENT	
FUNCTIONI	NG-BEST			GAF	

IX. TREAT	MENT	PLAN	/GOALS:	NAME C	F CL	IENT						Pq	3
GOALS FOR	INDI	VIDUA	L THERAP	<u>r</u>									
GOALS FOR	RICHEC	K ON	E): GROUI	or 1 Famil	Y T	HERAPY1	1						
	.,			· 1 <u></u>									
	ı												
rimeline .			CURRENT	SHORT TE	ERM	GOALS/OF	JEC:	rives:	If	family	ther	ару	is
	STAT	JS		requeste functioni	ng)	ome goai	s sı	iouia	be .	cor char	iges	ın ı	amily
IN_ IONTHS		•	n <b>44.1</b> 2										
:N													
ONTHS													
IN_ MONTHS													
IN													
MONTHS													
IN													
MONTHS													
IN MONTHS													
TREATMENT	METHO	DS/E	XPLANATIO	ON OF TRE	ATME	NT PLAN:							
		-											
'I CERTIFY	THAT	THE	CLIENT'S	PARENT(S)	OR	CLIENT,	IF	OVER	18	AGREES	TO	THE	TREATMENT
PLAN:													
1		s	IGNATURE	OF THERAP	IST					(EP	SDTREQ.	.REV }	

Date: / /9 TO Please sentreatment	REQUEST EXTENSIONS OF PR	e of Client Pg.4 EEVIOUS AUTHORIZATIONS FOR TREATMENT ith this page to extend previously authorized		
	JRING PREVIOUS TREATMENT			
REASONS FURTHER TREATMENT IS NEEDED:				
	CHANGES IN	GOALS/OBJECTIVES		
NEW TARGET' DATE	CURRENT BASELINE	NEWOBJECTIVE		

EPSDT SUPPLEMENTAL	SERVICES MENTAL HEALTH SERV	/ICES REQUEST DATE	of REQUEST:5/7/96		
		TIFICATION:			
CLIENT NAME	SMITH, Nancy	DATE OF BIRTH	7-15-84		
MED- CAL NUMBER	59-90-9666666-6-66	COUNTY CCS/NA	5555555		
	II. PROVIDER IN	NFORMATION			
PROVIDER NAME	Ima Goodworker, LCSW	AGENCY			
PHONE NUMBER	(777)777-7777	LICENSE TYPE	LCSW		
ADDRESS	P.O.Box 66666	LICENSE NUMBER	LCS 00000		
CITY	Anytown	CALIFORNIA ZIP	95888		
III. SERVICE.	REQUEST AND JUSTIFICATION (A	TTACH ADDITIONAL S	SHEETS IF NEEDED)		
INDICATE NUMBER OF SESSIONS REQUESTED: (INDICATE GOALS FOR EACH TYPE OF SERVICE REQUESTED IN SECTION IX)	4 INDIVIDUAL  4 FAMILY  GROUP Other: TIME NEEDED TO COMPLETE ABOVE SESSIONS=8-10WEEKS	IF FAMILY THERAPY REQUESTED, INDICATENAMES AND RELATIONSHIPS OF INDIVIDUALS TO BE INCLUDED	Family therapy will  include Nancy and  her mother  CONTINUED ON ATTACHED SHEET: Yes No x		
HOW WAS CHILD REFERRED AND WHY (INCLUDE AS MUCH AS IS KNOWN ABOUT PRESENTING PROBLEM-FREQUENCY CIRCUMSTANCES, ETC.)  This is an almost 12 year old child with diabetes requiring insulin injections and asthma. The request is for an eight session extension of treatment. Nancy's mother's work schedule had changed which reduced mother's availability to the child just as treatment was ending, and Nancy regressed. She had a depressive episode which included increased lethargy, she quit doing homework, and she stopped drawing and preparing her injections.					
OTHER AGENCIES INVOLVED WITH CLIENT/FAMILY	INVOLVED WITH				
YOUR EXPERIENCE PROVIDING THE TYPE OF SERVICE REQUESTED TO PERSONS THE AGE OF THE CLIENT	YOUR EXPERIENCE PROVIDING THE TYPE OF SERVICE REQUESTED TO PERSONS THE AGE OF				
ATTACH ANY RELEVANT	MEDICAL OR PSYCHOSOCIAL HIS	STORY (AT	TACHED:Yes No X)		
'YOU CAN STOP HERE IF TEE	REQUEST IS FOR AUTHORIZATION OF N	O MORE THAN THREE EVAL	UATION SESSIONS		
IV. DSM DIAGNO	OSIS: Give code and descript	cions with date of	onset, if known		
AXIS I CLINICAL	309.0 Adjustment disorder v				
AXIS 2:PERSONALITY	No DX				
AXIS 3: MEDICAL	Insulin dependent Diabetes	and Asthma			
AXIS 4:  PSYCHOSOCTAL AND ENVIRONMENTAL PROBLEMS(Describe)  Change in single, working mother's hours, social isolation, with no supports for mom or Nancy					
`V[S 5: GLOBAL ADAPTIVE	70	CURRENT GAF	60		
FUNCTIONING- BEST			CONTINUED ON REVERSE		

### V. HISTORY OF PROBLEM

Nancy talked of suicide at the beginning of treatment and no longer does so. She began to comply with her medical regimen, became less lethargic and began to take interest in her studies and friends at school. Her grades improved from failing to passing Nancy experienced increased asthma symptoms and medical compliance problems but has improved in both. She lives in a very bad neighborhood and her mother has been overwhelmed, finding it easier to give Nancy shots than teach Nancy to draw and give her own.

VI. PREVIOUS TREATMENT FOR PROBLEM & OUTCOME(S)					
FROM	TO	SERVICES PROVIDED	RESULTS OF SERVICES		
3/1/96	Present	13 sessions to be completed June 1996	Improving but setback see sections III and V, above.		

# VII. SIGNIFICANT FAMILY HISTORY

Poverty, single mother with history of being the victim of abuse. She is distrustful and <u>very</u> isolated. The mother is overwhelmed and has no supports for herself. The neighborhood is dangerous but the mother refuses to consider moving if she cannot have a house or duplex/halfplex, and is probably too overwhelmed to contemplate the added stress of moving, in any event.

	11	VIII. FUNCTIONAL IMPAIRMENT-PROGRESS TO -DATE
[x]	номе	Improved, with less defiance of medical regimen. Her allergies are well controlled for the first time, but she is still not fully compliant with her diabetes Tx. She is afraid of her shots and resists even drawing the insulin from the bottle-lethargic at home.
[X]	SCHOOL/WORK	Grades improved from failing and she shows improved interaction with other children.
[X]	SOCIAL	Isolated family in a bad neighborhood, with few friends at home.
[x]	COMMUNITY	Mother trusts few people and maintains isolation.
[x]	OTHER	Nancy's diabetes is a real challenge in this family that would be struggling without this medical problem. She has begun to draw her own shots intermittently.

IX. GOALS PLEASE STATE GOALS FOR EACH TYPE OF SERVICE REQUESTED, IN MEASURABLE OR OBSERVABLE TERMS THAT WILL ALLOW EVALUATION OF THE EFFICACY OF THE TREATMENT: EG: REDUCING ANXIETY ABOUT SCHOOL ATTENDANCE CAN BE STATED AS "MISSING SCHOOL WILL BE REDUCED FROM ONE UNEXCUSED ABSENCE PER WEEK TO 'LESS THAN ONE PER MONTH" WHAT THE CLIENT WILL VERBALIZE THAT INDICATES PROGRESS. USE ADDITIONAL PAGES IF NEEDED.

LONG TERM GOAL(S):1. Individ: Maintain school performance gains. 2. Family: Mother will be supported to use her authority as a patent, and encouraged to teach Nancy and insist that Nancy draw and give her own insulin shots.

3.Both: Decrease depression. 4. Increase Nancy's expression of her needs and wants verbally. 5. Increase Nancy's self esteem and support Nancy's feelings of self efficacy concerning self care, peers, and school.

TARGET DAT	E SHORT TERM	SHORT TERM GOALS/OBJECTIVES		
Summer 96	mother is	give her own shots two days per week, on the days when home from work. She will attend camp for children with in August 1996.		
June 96		prepare <u>all</u> shots. Nancy will state one need/wish ch day. Nancy will converse with one peer each day.		

I CERTIFY THAT THE CLIENT'S PARENT(S) OR CLIENT, IF OVER 18 AGREES TO THE TREATMENT

PLAN: SIGNATURE OF THERAPIST

psdtsmp.FRM

# DEPARTMENT OF HEALTH SERVICES

7141744 P STREET P. 0. Box 942732 SACRAMENTO, CALIFORNIA 94234-7320 (916) 657-1 604



	s Medical Services Children's Services Program	
TAR#:		
RE:		Medi-Cal#:
DOB:	<b>6.</b> #11	
Dear Chil	dren's Medical Services Representative	:
Diagnosis Children's	and Treatment (EPSDT) Unit and appear	<b>Medi-Cal</b> Operations Division, Early & Periodic <b>Screening</b> , ears to be a Children's Medical <b>Services</b> (CMS), California e provider has been asked to forward the request to you. We f this <b>form</b> indicating the action <b>taken</b> :
	Case Mauagement will be <b>provided</b>	I by CCS.
	Diagnosis is not a <b>CCS</b> eligible <b>con Request (TAR).</b>	dition and we are returning the Treatment Authorization
	Services requested will not treat a C	CS eligible condition <b>and</b> we are <b>returning</b> the TAR.
	Services requested are not documen	ated to be medically necessary and we are returning the TAR.
	Provider is not a CCS panel provider	ler.
	Other:	
		Signature of CCS Repmentative
		Date
Ple	ease return thii form to:	
	Department of Health Services Medi-Cal Field <b>Office</b>	

Thank you for your cooperation. Enclosure

# **DEPARTMENT OF HEALTH SERVICES**

7 141744 P STREET

9. 0. Box 942732

SACRAMENTO, CALIFORNIA 94234-7320
(916) 637-1604



	_	
RE:		
	-Cal #.	
Dear	·	
was	The enclosed Treatment Authorization R received by	request (TAR) # for for for for for for for for
Serv woul 5101	d qualify for services through <b>CCS</b> accordi	r age 21 who has a medical or surgical condition which ing to title 22 California Code of Regulations section
	Children's Medical Services (CMS) California Children's Services Program	
the T	In order to expedite review, do not send CAR and this letter, as <b>well</b> as any support	a TAR, instead, your request should contain copies of ing documentation.
coun	Thank you for your cooperation. If you ty representative identified above at	have any <b>additional</b> questions, please contact the CMS
		Smcerely ,
Encl	osure	
cc:	Children's Medical Services (CMS) California Children's Services (CCS) Pro-	ogram

Refer2CCS.Ltr 08/14/95